WINNETKA COMMUNITY HOUSE

2018 SPRING SUMMER PROGRAMS & CLASSES

REGISTRATION OPENS:
MARCH 19 FOR WCH MEMBERS
MARCH 26 FOR NON-MEMBERS
WINNETKA.COMMUNITYHOUSE.ORG
COME TOGETHER!

For over a century... we’ve provided a place...

... for girls and boys to play sports, play a role on stage, play music, and create artwork,

... for adults to meet, exercise, learn a skill, or give back to the community.

People come here to learn, grow, and become their best selves.

WE CAN’T DO IT WITHOUT YOU.

Fees cover only a portion of our costs. The rest is covered by your donations to the Annual Fund. We receive no tax dollars, but rely on generous supporters like you!

Donate to the Annual Fund today! Donate online at winnetkacommunityhouse.org/donate or mail to: Winnetka Community House, 620 Lincoln Ave., Winnetka, IL 60093

THANK YOU!
About Winnetka Community House

CONTACT US
Main Office ............................................. (847) 446-0537

FRONT DESK HOURS
Monday-Saturday .................................. 8:30 a.m.–8:00 p.m.
Sunday ...................................................... 9:00 a.m.–5:00 p.m.

CONNECT WITH US
 Instagram: WinnetkaCommunityHouse
 Facebook.com: WinnetkaCommunityHouse
 Twitter: @wchnews

MISSION STATEMENT
The mission of Winnetka Community House is to enrich the lives of North Shore residents, their families and friends by providing diverse educational, cultural, social and recreational opportunities for people of all ages. This privately supported unique facility does not receive tax dollars.

ACCESSIBILITY FOR PERSONS WITH DISABILITIES
For persons with disabilities, Winnetka Community House is accessible from the northeast at the canopied entrance off the Pine Street parking lot or through the south entrances.

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Winnetka Community House Board Of Governors

OFFICERS
Carla Vorhees – Chair
Murray Ancell – Vice Chair
Leslie Farmer – Past Chair
Mark Wetzler – Treasurer
Paula Danoff – Member at Large

MEMBERS
Raheela Anwar
Elaine Bovaider
Amy Brock
Susan Cellmer
Alexandrea Gjertsen
Leslie Grant
Nan Greenough
Carrie Healy
Karen Hunt
Dania Leemputte
Tom Maentz
Melissa Mizel
Toby Nicholson
Ann Smith
Tom Smith
Bob Stracks
Karen Vorwald
Connie Yonan

WINNETKA COMMUNITY HOUSE STAFF
Bob Thomas, President and Executive Director
Kate Brower, Manager of Finance
Mike Buscher, Director of Operations
Patrice Eason, Office Manager
Carol Callahan, Director of Advancement
Nancy Forster, Advancement Associate
Lisa Jarvis, Fitness Supervisor
Mike Landers, Maintenance Manager
Patti Ruiz, Program Manager
Mark Schusteff, Facility Operations Manager
Jeff Wahl, Program Manager
Kelsey Wright, Administrative Manager
Rise and Shine!
The Fitness Centre now opens at 5:00 am!

This program is designed for individuals diagnosed with any stage of cancer who are experiencing fatigue or weakness, or are unsure how to initiate exercise. It is for anyone currently undergoing chemotherapy or radiation therapy, or who has completed cancer treatment within the past year.

Through multiple research studies, evidence shows that low to moderate exercise in oncology patients can reduce and even prevent cancer-related fatigue, reduce side effects of chemotherapy and radiation, improve quality of life and possibly even improve survival rates.

Initial evaluation with an oncology/lymphedema physical therapist to assess your past and current medical history and make specific, individualized recommendations to you for exercise is required. Sessions will include cardio, strength, and flexibility exercises.

This program is led by personal trainer Chris Treiber, ACE certified Cancer Exercise Specialist. To participate or for more information, please contact Chris at 847-207-8027.

SURVIVE STRONG!
CANCER RELATED FATIGUE PROGRAM
Woman’s Board

The Woman’s Board was formed in 1976 by an enterprising group of women to support the entity they considered vital to the unique quality of their community. Their children had spent Saturday afternoons playing ball in the gym of WCH, watched movies in Matz Hall on Friday evenings and congregated during after-school hours at the bowling alley. Bridge groups, armchair travel lectures and theatre offerings all found a home through the years at the Gothic-style building located at Pine Street and Lincoln in Winnetka.

Winnetka Community House receives no tax dollar support. Eighty-five percent of the funds raised by the Woman’s Board go directly to the operating budget of the Community House, with the remainder earmarked for special projects and needs. These funds, along with generous and ongoing support from local businesses and residents, have helped to grow and sustain Winnetka Community House—one of the only institutions of its kind in the United States.

Our members are a multigenerational group of women, working together to support and promote Winnetka Community House. We work in a team environment with many opportunities for individual contributions. Members of the Woman’s Board are unofficial “ambassadors” for Winnetka Community House. Members are encouraged to attend and participate in events sponsored by the Woman’s Board, such as the Antiques + Modernism Winnetka Preview Party and other member social events and to volunteer when possible as additional “womanpower” is needed.

WOMAN’S BOARD MEMBERS

Kate Ancell       Sara Dahlstrom       Pauline Igns Turner       Roni Moore Neumann       Mary Tilson
Jacqueline Babb   Julia DeNapoli     Seanra Kalil            Kim Ronan           Shannon Van Tassel
Lara Beanblossom  Kirby Doonan       Kristin Kalter            Cristina Savina     Karen Vorwald
Sarah Boulos      Libby Elliott      Erin Kelly            Kristin Shea           Shayne Welch
Paige Canepari    Katie Flanigan     Kathryn Kish        Nidhi Singh           Patty Kelly Wilson
Amy Capocchi      Kim Frezados       Kate Kligora       Katie Smith           Stephanie Wilson
Regi Carfagnini   Laura Glick        Anne Malone        Julie Stracks         Connie Yonan
Mercedes Caruso   Elyse Hahner       Tracey McDowell      Elizabeth Stucker
Annie Challenger  Holly Hales        Cindy Monnig         Amy Swartchild
Christina Cripe   Kim Half

NAVIGATING THIS PROGRAM GUIDE

The Winnetka Community House Program Guide has been designed to help you find the programs you want. Programs are in 4 different categories including Enrichment and Education, Fine Arts, Performing Arts, and Sports and Athletics. Within those categories programs are in order of age (with a few exceptions.) Special Events and Birthday Parties are located in the front of the program guide and Fitness Centre and Facility Information is located in the back.

EDITORIAL POLICY

Complete details of program policies, procedures, and guidelines are sometimes inadvertently omitted. Errors in days, times, registration requirements and fees may occur in the brochure. When such errors occur, the staff will advise you of the change as quickly as possible.

THANK YOU TO LORRAINE RYAN FOR PROVIDING PHOTOGRAPHY!
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Member registration opens March 19, 2018 and will be processed on a first come, first served basis.

All non-members will be able to register March 26, 2018.

Registration received through the mail, fax, or in person will be processed by 5 PM the next business day. The best way to ensure that your registration is processed immediately is by using our online registration at winnetkacommunityhouse.org

How To Register

» To register for a membership simply list all eligible members on the registration form. Then check the box and add the membership fee in with your registration.

» Register for programs online at winnetkacommunityhouse.org or on the enclosed registration form.

» Please print clearly.

» Read and fill out form completely.

» By listing your email address, you agree to receive email communications from Winnetka Community House. If you do not wish to receive these emails, please unsubscribe.

» Sign the registration form.

» Unsold forms will not be processed, and will be returned to you. This will delay processing your registration.

Credit Cards

You may use your credit card for all programs which appear with a class number or for a Fitness Centre membership. Fitness Centre memberships are obtained at the Fitness Centre only. Be sure to fill out the credit card information completely and sign the form. We do not take telephone registration. However, if you are paying by credit card, you may fax your registration to (847) 446-0609.

Cancellation of Classes

Prior to any class, registration is reviewed to determine if the enrollment is sufficient to hold the class. Register early!

Do not wait until the day of the first class to register. You may find the class has been cancelled due to low enrollment.

Prorated Policy

Classes may be prorated if you would like to enroll in a class after it has started, provided the instructor has space and allows for late registration. The supervisor must approve the prorated amount.

Refund Policy

Full refunds will be issued for courses that are cancelled by Winnetka Community House due to insufficient registration. A refund, less a 10% service charge (not to exceed $25), may be granted if the refund request is received five full working days prior to the start of the program. No refunds will be allowed after this time unless a medical condition develops and a written explanation from a physician on his/her letterhead is presented. Due to advanced reservation requirements, no refunds for trips, outings or special events will be given.

Emergency Closings

The Winnetka Community House endeavors to keep its facilities and programs operating whenever possible. There are times, however, when weather, road conditions or facility malfunctions dictate that programs and/or services must be cancelled or temporarily postponed or entire facilities closed. In order to provide employees and patrons with a safe and secure environment in which to work and play, the Winnetka Community House reserves the right to close a particular facility or cancel a program when deemed necessary.

Inclement Weather Policy

If school District 36 cancels classes for the entire day, all Winnetka Community House children’s programs (including Free-To-Be-Kids childcare) starting before noon will be cancelled. Decisions on all adult programs and children’s programs starting after noon, will be made on a case-by-case basis. Please check winnetkacommunityhouse.org for complete details on class cancellations.

Religious Holidays

Winnetka Community House makes every effort to avoid scheduling programs or events on religious holidays. Anyone affected will be offered the option of attending a session of the same program on a different date as a make-up, or receiving a prorated refund of the series fee for the date missed.

General Information

» Winnetka Community House is not responsible for the supervision of children on site prior to or remaining on site after the established program times.

» Winnetka Community House is handicapped accessible.

» If you or any member of your family has special needs, please see our President and Executive Director.

» Winnetka Community House receives no tax dollars. We are supported by our programs, fund raising events, our annual campaign, and donations.

» Winnetka Community House assumes no responsibility and carries no accident or medical insurance for injuries or accidents at programs or activities on Community House property. It is advisable to review your own personal health insurance plan to be certain that you and your family have proper and sufficient insurance coverage.

Scholarship Information

Winnetka Community House has established a scholarship fund for any resident who would like to take part in a Winnetka Community House activity, but is unable to render full payment. Persons interested may submit their need in writing to the attention of the Director of Operations for confidential review. If further information is desired, please call our main office.

Donations to this scholarship fund are gratefully accepted.

Donations to this general fund are gratefully accepted.

Donations to this general fund are gratefully accepted.

Donations to this general fund are gratefully accepted.
YOUR MEMBERSHIP SUPPORTS OUR “HOUSE”!
When you become a member, you are investing in the sustainability of an organization that enriches the lives of North Shore residents, families and friends by providing diverse educational, cultural, social, and recreational opportunities for people of all ages.

As a member, you’ll quickly see why this unique 501(C)(3) non-profit organization has succeeded without tax support for so many years creating an environment where relationships are formed and memories made.

MEMBERSHIP BENEFITS
The Winnetka Community House is your home for family activities, events, and entertainment. The more you participate, the more you save!

• Early Registration for Programs – Registration begins a week early for members.
• Discount on Programs – Members save up to 20% on registration.
• Receive email newsletters on Community House happenings and upcoming programs & events.
• FREE open gym to all WCH members.
• All members of your household receive these benefits!
  (Please include all members of your household when registering)

• Membership is 100% tax deductible

To sign up for a membership, please complete the registration form in back of the program guide or register online at winnetkacommunityhouse.org.

Your taxes don’t support us, but your membership does! Please consider joining today!
PARTY PACKAGES INCLUDE 90 MINUTES OF PARTY TIME WHICH INCLUDES 45 MINUTES OF ENTERTAINMENT OR INSTRUCTION AND PARTY ROOM SETUP (TABLES AND CHAIRS) AND CLEANUP.

Call 847-881-9370 to book. Due to the increased popularity of this program, we strongly suggest that parties be booked at least three weeks in advance! Cancellation within five days of party will result in forfeiture of fee.

ANIMALS
Thrill your party guests with animals such as a Siberian chipmunk, snake, chinchilla, gecko, hedgehog and more. Children learn about each animal in this informative and fun hands-on party.

Age: 5+
Each Additional Child: $5
Fee: $300 for 20 guests

ANIMAL BALLOON PARTY
Balloon animals are a huge hit at birthday parties! Now your party can have balloon animals (dogs, butterflies, swords, giraffes, etc.) being made non-stop for 45 minutes by the Magic Team of Gary Kantor. The kids will do more than just play with the balloons; they’ll also get to decorate their animals with stickers and markers. At the end of the party all the kids will get to take home their very own collection of assorted balloon animals.

Age: 3+
Each Additional Child: $5
Fee: $300 For 20 guests

BASKETBALL
Hoops4Health will have their highly trained staff set up fun basketball games such as a 3-point contest, dribbling contest, hot shot, and a full court game. Contest winners will receive various prizes!

Age: 4+
Each Additional Child: $5
Fee: $300 for 20 guests

CERAMICS
Create your own personalized treasure (mug, bowl, plate, jewelry box, etc). Design, decorate, and paint with creativity! Instructors will assist in assembly and demonstrate decorating techniques. These handmade treasures will be fired, glazed and ready to be picked up 7-10 days after the party.

Age: 4+
Each Additional Child: $5
Fee: $300 for 15 guests

CLOWNS
Our experienced performers attract and hold a child’s attention. Parties can include balloon animals, games, kooky magic, and interactive dance.

Age: 3+
Each Additional Child: $5
Fee: $300 for 20 guests

HIP HOP DANCE
This party celebrates another birthday with the energy of Hip-Hop inspired dance. Everyone will be ready to burn up the dance floor while playing dance games and performing a special choreographed dance for the birthday child.

Age: 7–13
Each Additional Child: $5
Fee: $300 for 15 guests

IMAGINATION PRINCESS
Expect ribbon dancing, interactive story time, sing a long, princess/hero training, themed games and more during this fantastical journey. Themes: Snow sisters, Beauty princess, Arabian princess, Spanish princess, Cinderella, Island princess, Mermaid princess, Fairy princess, Spider hero and Jedi master.

Age: 3+
Each Additional Child: $5
Fee: $300 for 20 guests

MAD SCIENCE
A variety of experiments will be displayed. All activities are thoroughly safe and clean.

Age: 6 and older
Fee: $320 for up to 12 guests.
$345 for 13 to 20 guests.
$370 for 21 to 30 guests

Age: 4–5
$320 for up to 12 guests.
$345 for 13 to 20 guests.
$370 for 21 to 30 guests

WINNETKA COMMUNITY HOUSE, 620 LINCOLN AVE.
MAGIC
Abracadabra! Children enjoy an amazing display of magical tricks at this exciting party. Our professional magicians gear their magic to children of all ages.

Age: 4+ Fee: $300 for 20 guests
Each Additional Child: $5

ROCK DIVA GLAM JAM
Come join Glitzy Girls for a glamorous dance party. Each child will receive a rock diva or dude makeover; which includes up-dos, braids, make-up and sparkles. Then, dance to your favorites like Limbo and Freeze Dance.

Age: 6-12 $300 for up to 10 guests
$360 for 11 to 15 guests $420 for 16 to 20 guests

MAGIC AND MUSIC
This show is a very interactive blend magic with music, games and contests. A child-friendly magical performance including many opportunities for the children to help with the tricks. After the magic show our performer will lead guests in games, age appropriate music, television trivia and many fun dances.

Age: 5–12 Fee: $300 for 20 guests
Each Additional Child: $5

STARWALK
Jump for joy! The Starwalk is a 20’ x 20’ air-inflated balloon bounce. Experience the fun of a carnival at your party complete with scooters, balls and hula-hoops. No instructor or entertainer is provided.

Age: 3+ Fee: $300 for 20 guests
Each Additional Child: $5

MARTIAL ARTS
Children will receive a group Martial Arts lesson and learn how to break their own board! As a special treat, the kids will be sure to enjoy a short demonstration by the instructor. This party is a high energy outlet for active kids, all done in a fun and safe environment.

Age: 4+ Fee: $300 for 20 guests
Each Additional Child: $5

SPORTS
If your child loves sports, this is the party for him or her! A trained instructor will lead the children in sporting activities such as basketball, dodge ball, floor hockey and more. Children are sure to work up an appetite for that birthday cake!

Age: 7+ Fee: $300 for 20 guests
(more than 20 children requires a second instructor which will incur additional costs)

WACKY RELAYS AND OTHER GOOFY GAMES
What do you get when you cross the Olympic games with scooters, hula-hoops, balloons, and more? You get Wacky Relays! Outrageous fun all! WARNING: not everyone can handle this much fun!

Age: 5+ Fee: $300 for 20 guests
Each Additional Child: $5

PAMPER ME SPA RETREAT
Come join Glitzy Girls as they pamper your guests. Each guest will receive a mini manicure and pedicure including the polish of their choice. Then, design a beaded bracelet/anklet to show off your beautiful nails.

Age: 6-12 $300 for up to 10 guests
$360 for 11 to 15 guests $420 for 16 to 20 guests

PEE WEE SPORTS
In this active party, your little athletes will participate in a variety of recreation games, relay races, group games, Nerf ball games and more. All games are age appropriate so everyone has fun.

Age: 4–6 Fee: $300 for 15 children
(More than 15 children requires a second instructor which will incur additional costs)
IMPROV ALL-STARS

Come join neighbors and friends for a hilarious evening of improvised comedy from the masters of comedy,

The Second City

A benefit for Winnetka Community House
Saturday, April 14, 2018  6:30–10:00 PM

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children’s theatre of winnetka

presents

Once On This Island

April 26th – 29th, 2018

Book & Lyrics by Lynn Ahrens
Music by Stephen Flaherty

Thursday 4-26 7:00 pm
Friday 4-27 7:30 pm
Saturday 4-28 12:30 and 4:00 pm
Sunday 4-29 1:00 and 4:00 pm

Reserved Seats $10

Visit ChildrensTheatreWinnetka.com for tickets and information
BIKE SALE
SATURDAY, APRIL 28

Whether you want to buy, sell or have your bike appraised, you will get your chance at our annual bike sale. A Wilmette Bicycle Shop representative will be available beginning at 8:30 a.m. to evaluate the condition of your bicycles and suggest repairs. A 25% service charge, based on sale price, will be donated to the Community House. The Bike Sale will be held rain or shine on the Community House Front Lawn.

Bicycle Appraisal (sellers): 8:30–9:30 AM
Bike Sale (buyers): 9:30–10:30 AM

KIDS GARAGE SALE

SATURDAY, APRIL 28
10:00 AM–12:00 PM

Here is the chance for your 7 to 12 year old to sell outgrown clothes and toys for fun and profit. The event is open to the public for shopping. There must be one adult per table. Registration must be received by April 21.

Ages: 7–12

Activity# 12807
Members: $22   Non-Members: $26

SIGN UP TODAY AT WINNETKACOMMUNITYHOUSE.ORG
### Bowl Blast Workshop: Animal Bowls!

We'll make a bowl on the potter's wheel and turn it into an animal at the table! No experience necessary.

**Ages:** 7+

**Instructor:** Jill Hurwitz

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>12604</td>
<td>4/21</td>
<td>Sa</td>
<td>1:00–3:00 PM</td>
<td>$30/$36</td>
</tr>
</tbody>
</table>

### Patriotic Plates Workshop

Come make plates decorated with stars and stripes. Color them red, white and blue in time for July 4th picnics. No experience necessary.

**Ages:** 7+

**Instructor:** Jill Hurwitz

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>13015</td>
<td>6/23</td>
<td>Sa</td>
<td>10:00–11:30 AM</td>
<td>$30/$36</td>
</tr>
</tbody>
</table>

### CTW SPOTLIGHT: A Life in the Theatre

Expert master classes and panels will be offered periodically by Children’s Theatre of Winnetka to provide students an insider glimpse of the professional performing arts world. At our inaugural event, top industry professionals from the Chicago area will share their stories, insights and advice with 6th–12th grade theatre enthusiasts and touch on essential onstage, offstage and backstage skills, from acting, choreography and directing to set, lighting, costume and sound design. Moderators will be CTW directors Cathy Hirschmann and Stephen Schellhardt.

**Grades:** 6th–12th

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>12883</td>
<td>5/19</td>
<td>Sa</td>
<td>2:00–3:30 PM</td>
<td>$30</td>
</tr>
</tbody>
</table>
CHESS SPRING BREAK CAMP

CHESS-ED will provide this camp. Chess-Ed is the premiere chess provider in the area. Chess-Ed has a professional staff of United States Chess Federation certified instructors. The instructor will help each student move to a new level of expertise. Materials covered will include the basics and beyond, plus opening theory, middle game planning and tactics, and end game combinations. World famous games and chess positions will be studied also. Studies continue to confirm that the student that plays and studies chess with proper instruction will do better academically. Chess will develop analytical and critical thinking skills, decision making, responsibility, sportsmanship, focus, concentration and patience in all they do. The student will learn how to accept winning graciously and learn to turn losses into learning opportunities. This chess program is both a dynamic and fun when presented by CHESS-ED. Join today!

Grades: 1st–8th
Instructor: Chess-Ed

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>13043</td>
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<td>M Tu W Th F</td>
<td>12:00–2:00 PM</td>
<td>$240/$288</td>
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</table>

HOOPS4HEALTH SPRING BREAK CAMP

In this camp we will work on all the fundamental basketball skills necessary to becoming an all around solid player. Campers will be developing good training and fundamental habits while learning drills that can be used at home. Skills we will be teaching include defense, dribbling, rebounding, shooting, screening and more. There will be many fun and challenging drills, games and contests. Each session’s will focus on a different skill and will finish with applying these skills in 5 on 5 games which will be played at the end of every camp day.

- Fundamentals covered include Triple Threat Stance, proper shooting form, moving/cutting without the ball, defense, passing, rebounding, and dribbling.
- Contests and prizes
- Each session ends with scrimmages games
- Game situation drills
- Mental Aspect of the Game, sportsmanship, positive attitude, off court maintenance, healthy lifestyle

Instructor: Hoops4Health

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Ages</th>
<th>Day</th>
<th>Time</th>
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HOT SHOTS SPORTS SPRING BREAK CAMP!

Join us for our annual Spring Break Camp where kids participate in a stimulating and competitive environment. Focus will be on helping the kids with teamwork and fundamentals while playing a variety of sports throughout the week. Prizes and awards will be given out daily, and participants will be rewarded for effort and sportsmanship. Campers are encouraged to bring a snack and water bottle.

Grades: 4–6
Instructor: Hot Shots Sports Staff

<table>
<thead>
<tr>
<th>Activity#</th>
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<th>Time</th>
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<tr>
<td>12511</td>
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<td>$250/$300</td>
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</table>

HOT SHOTS SPORTS SPRING BREAK CAMP (CATHOLIC SCHOOLS)

Join us for our annual Spring Break Camp (Catholic Schools) where kids participate in a stimulating and competitive environment. Focus will be on helping the kids with teamwork and fundamentals while playing a variety of sports throughout the week. Prizes and awards will be given out daily, and participants will be rewarded for effort and sportsmanship. Campers are encouraged to bring a snack and water bottle.

Grades: 4–6
Instructor: Hot Shots Sports Staff

<table>
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<th>Activity#</th>
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<td>12738</td>
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<td>$250/$300</td>
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HOT SHOTS SPORTS MEMORIAL WEEK CAMP!

Campers are introduced to sports such as soccer, t-ball, football, kick-ball and other group games. The goal is to provide the opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship.

Grades: 4–6
Instructor: Hot Shots Sports Staff

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<tr>
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CAMP AMIGOS SPANISH CAMP

Everyday will be a special day at Camp Amigos. We will laugh, play, create, sing, paint, cook and discover great wonders all while learning Spanish! Camp Amigos uses a highly controlled vocabulary introduced in conjunction with fun theme days. All instructors are experienced in early childhood and at least one instructor is a native speaker.

Grades: 3–5
Instructor: Amigos Program

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<tr>
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<th>Date</th>
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<th>Time</th>
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<tr>
<td>13035</td>
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OUTDOOR ADVENTURES MINI CAMP!

Outdoor Adventures is an innovative program for families who want to teach their children about the world through exploration of their natural surroundings. We believe children learn best through hands-on experiences which build self-esteem and encourage a love of nature. In this class activities will include short stimulating hikes in a variety of outdoor settings, music, art projects and games. Please bring a peanut free snack and bottled water with a back pack.

Grades: 4–6
Instructor: Pam Katz

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<tr>
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<td>$160/$182</td>
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</table>
WE NEED BUGS

We will discover the life and importance of insects in our world through experiments and art projects.

**Ages: 4–6**  **Instructor: Extraordinary Kids Staff**

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<td>13010</td>
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<td>M Tu W Th F</td>
<td>9:00 AM–12:00 PM</td>
<td>$350/$420</td>
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</table>

**GAME OF DRONES**

Get ready to roll up your sleeves and join us for an epic week designing, building, and flying your very own quadcopter drone! TinkRkers will learn all about the science of flight as they design their drones to achieve compromises between speed, aerodynamics, and stability. To begin, the TinkRkers will be given all of the components needed to make a drone, such as brushed DC motors, flight-controller boards (with wireless receivers), motor mounts, LEDs, and transmitters, and they will be introduced to concepts on how the parts work together to enable flight. Throughout the week, TinkRkers will exercise their creativity and problem-solving skills while building and customizing their quadcopters. TinkRkers will improve their piloting prowess by participating in unique sets of drone games that will allow them to push their piloting skills to the edge. And...above it all, all TinkRkers will take their drones home at week’s end so that they can continue the fun! Note: Our camps have teacher student ratio of 6:1.

**Ages: 7–10**  **Instructor: TinkRworks.com**

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**STEM LAB EXPLORERS: CIRCUITS & SCRATCH**

Explore TWO great programs in this half-day camp! Have you ever wondered how electronics work? Students will gain hands-on experience building projects. Working with a partner you will learn about electronics, electrical components and all types of circuits. You’ll even take home a working copper tape circuit. Note: No computers are used in this part of the program. In the second part of the program, you will dive into the world of video game animation. Working in teams, you’ll add sound effects and music clips to create a dynamic video animation game using Scratch, an object oriented coding platform designed just for kids! Creativity rules in this fun version of video game design!

**Ages: 6–8**  **Instructor: TechStars Computer Explorers**

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</table>

**NEW!**

**EDISON & TINKRWORKS PROGRAMMABLE ROBOT LAB**

Explore TWO great programs in this half-day camp! Young engineers will build working models of simple machines such as a crane, rolling vehicle and a merry-go-round. They will learn about levers, gears, pulleys, wheels and axles using LEGO® Simple Machines kits. Students will work in teams on activities designed around creativity, exploring, investigating and problemsolving in a fun group environment. Note: No computers are used in this program.

Next meet Edison! Students will discover robotics as they work with Edison, the LEGO® compatible, programmable bot! Students will use barcodes to program Edison to do everything from making music to “battling” in the Sumo ring! Students ages 6 to 8 will also be introduced to basic graphical programming.

**Ages: 6–7**  **Instructor: TechStars Computer Explorers**

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<td>$350/$420</td>
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**NEW!**

**PHYSICAL COMPUTING W/MICROBITS & CODING W/PYTHON**

Explore TWO great programs in this half-day camp! The BBC microbit is a pocket-sized computer that you can code, customise and control to bring your digital ideas, games and apps to life. The microbit is a powerful mini-computer! Students will see their code come to life in a physical and tactile environment. They will create emoticon displays, games, messages, light and music. Kids will take home a Microbit kit at the end of class. Python is a powerful, expressive programming language that’s easy to learn and fun to use! Working with a partner, we’ll guide you through the basics as you experiment with unique (and often hilarious) programs including secret agents, thieving ravens and more. Work on programming puzzles designed to stretch your brain and strengthen your understanding of this new language! You’ll learn basic data structures like lists and maps and how to organize and reuse your code with functions and modules. Who knew you could learn a new language in just a week?

**Ages: 9–12**  **Instructor: TinkRworks.com**

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<td>8/13–8/17</td>
<td>M Tu W Th F</td>
<td>9:00 AM–12:00 PM</td>
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**NEW!**

**STAR WARS GALAXY DROIDS**

In this special edition of TinkRworks robotics, TinkRkers will build, wire-up, program and customize their own Star Wars themed droid! TinkRkers will learn introductory robotics and computer programming skills as they make a fully-functioning, remote-controlled droid that moves, flashes lights, and plays droid-like sounds at the TinkRkers command. Along the way, they will develop STEAM skills and apply their reasoning and problem-solving skills to solve for many challenges. Best of all, TinkRkers will continue the fun at home as they will keep what they make and the best part? They get to take it home and show their family and friends what they’ve created.

**Ages: 9–12**  **Instructor: TinkRworks .com**

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**NEW!**

**VIDEO GAME DESIGN WITH SPLODER AND SCRATCH 2.0**

Explore TWO great programs in this half-day camp! Students will have a ton of fun using their creativity and strategy to develop a multi-level computer game in Sploder! They will work in pairs to create games like a Retro Arcade, Platformer, Physics Puzzle and 3D Space Adventure! Next, they will dive into the world of video game animation by using Scratch to create characters that dance, sing and interact with one another. Working in teams, you’ll add sound effects and music clips to create a dynamic video animation game by using software created just for kids. Creativity rules in this fun version of video game design!

**Ages: 9–12**  **Instructor: TinkRworks .com**

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<tbody>
<tr>
<td>13033</td>
<td>8/6–8/10</td>
<td>M Tu W Th F</td>
<td>1:00–4:00 PM</td>
<td>$350/$420</td>
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**NEW!**
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<th>Date</th>
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<tr>
<td>12994</td>
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<td>9:30-11:30 AM</td>
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<tr>
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<td>9:30-11:30 AM</td>
<td>$238/$286</td>
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</table>

No class: 7/4

## CHESS SUMMER CAMP

### New Company!

Our chess summer camp will help your student expand their chess knowledge for greater game success. A professional instructor will provide a high-level of instruction, which includes preparing a spectacular show for family and friends. Highlights of the summer program include: audition technique, stage vs. film auditioning, prop and costume design, vocal technique, improvisation, discovering choreography, set and lighting design, directing and much, much more.

### Ages: 4–6

**Instructor:** Skyline Studios Children’s Theatre Company

### New!

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<thead>
<tr>
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</tr>
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<td>12830</td>
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<td>M Tu W Th F</td>
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<td>$240/$288</td>
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## FANTASY DANCE CAMP

This very popular camp incorporates imagination, movement, pantomime, music, dance and enchanting costumes to make for a wonderful summer experience. Each week we will explore a new theme, learn basic ballet, improve motor skills, complete an arts and crafts project and enjoy a yummy snack. Please have your child toilet trained as the instructor will not change diapers. This camp meets one day a week for two hours. You may sign up for as many days as you wish. Please bring a small snack to class. We will provide water during snack time.

### Ages: 3–6

**Instructor:** Gwendolyn Britt, Chrissy Fee

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<tr>
<td>12994</td>
<td>6/11–6/15</td>
<td>Britt M</td>
<td>9:00 AM–12:00 PM</td>
<td>$299/$359</td>
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## SUMMER ON STAGE: SHREK

Come perform, learn, celebrate and play! This unique camp offers a combination of outdoor play, creative play, storytelling, theater dramatics and educational experiences for children ages four to six years. This two week camp will involve lessons, activities, and play based on Shrek the musical. The camp culminates with parents invited to a mini show. For more information contact Skyline Studios at skylinewinnetka@gmail.com.

### Ages: 4–6

**Instructor:** Skyline Studios Children’s Theatre Company

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## SUMMER ON BROADWAY STARS: SHREK

Take your theatre experience to the next level! Join Skyline Studios and let your creativity take flight in Shrek! Jump into the magical world of musical theatre by exploring acting, singing and choreography in preparation for the big show! By the end of class, you’ll be ready to take center stage and shine as one of the stars in Shrek! Each cast member will receive a script for practice at home. Get ready for a fabulous show. Broadway, here we come! The ensemble will present their show on Friday, June 29 at 4:30 PM.

### Ages: 5–7

**Instructor:** Skyline Studios Children’s Theatre Company

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<tr>
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## SUMMARY OF CAMP SCHEDULES

### CHESS SUMMER CAMP

#### New Company!

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## FANTASY DANCE CAMP

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## SUMMER ON STAGE: SHREK

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<tr>
<td>12829</td>
<td>6/18-6/22</td>
<td>M Tu W Th F</td>
<td>9:15–11:45 AM</td>
<td>$300/$360</td>
</tr>
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</table>

#### New!

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Instructor Day</th>
<th>Time</th>
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<tr>
<td>12830</td>
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#### SUMMER ON BROADWAY STARS: SHREK

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<tr>
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## SUMMARY OF CAMP SCHEDULES

### CHESS SUMMER CAMP

#### New Company!

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<th>Time</th>
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<td>M Tu W Th F</td>
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#### New!

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## FANTASY DANCE CAMP

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## SUMMER ON STAGE: SHREK

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#### New!

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</thead>
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#### SUMMER ON BROADWAY STARS: SHREK

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<td>M Tu W Th F</td>
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<td>$300/$360</td>
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</table>
### Spring and Summer Camps

#### CHICAGO BULLS BASKETBALL

The Chicago Bulls Youth Academy is coming to your neighborhood! This summer, learn from the best and let the Chicago Bulls Youth Academy teach your child how to play like a champion! Over the last 19 years more than 45,000 youth basketball players have developed their essential basketball fundamentals through participating in a Chicago Bulls Youth Academy camp. Camps are offered to two age groups: The rookie camp, for ages 5–8, is for beginners focused on understanding and improving their game through fun drills. For basketball players, ages 9–12, coaches work on the “team” concept and advancing their skills in ball handling, passing, shooting, rebounding and footwork. Student to instructor ratio is 10:1 or less. Summer campers receive an evaluation form and graduation certificate at the end of camp plus a Chicago Bulls duffel bag, indoor/outdoor basketball, t-shirt and two tickets to a Windy City Bulls game. In addition to honing their skills on the court, every Chicago Bulls Youth Academy camper receives an exclusive United Center Experience at the home of the Chicago Bulls. Along with one guest, campers will have photo opportunities on court and with the Bulls six NBA World Championship trophies, a tour of the United Center, meet and greets with Bulls entertainers and a shopping experience at the Madhouse Team Store. As a special bonus, campers will participate in a Q&A session with a current or former Bulls player or personality.

### CHICAGO BULLS BASKETBALL SCHOOLS (ROOKIE CAMP)

<table>
<thead>
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**SUMMER LONG TINY TOTS CAMP**

Campers are introduced to sports such as soccer, t-ball, football, kickball and other group games. The goal is to provide the opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. All campers will receive a camp t-shirt. Bring a snack and drink each day, and come ready to play. Camp highlights: 6:1 camper to counselor ratio, camp t-shirt, team gameplay and competition.

**Ages: 3–5**

<table>
<thead>
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No class: 7/4

### CHICAGO BULLS BASKETBALL SCHOOLS (VETERAN CAMP)

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</table>

No class: 7/4

#### HOT SHOTS SPORTS SUMMER CAMP!

Join us for our annual Summer Camp where kids participate in a stimulating and competitive environment. Focus will be on helping the kids with teamwork and fundamentals while playing a variety of sports throughout the week. Prizes and awards will be given out daily, and participants will be rewarded for effort and sportsmanship. Campers are encouraged to bring a snack and water bottle.

**Ages: 4–6**

<table>
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<tr>
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<tr>
<td>12678</td>
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### TWO WEEK PACKAGES (PICK YOUR TWO WEEKS)

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No class: 7/4

### THREE WEEK PACKAGES (PICK YOUR THREE WEEKS)

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No class: 7/4

### FOUR WEEK PACKAGES (PICK YOUR FOUR WEEKS)

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No class: 7/4

### TWO WEEK PACKAGES (PICK YOUR TWO WEEKS)

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No class: 7/4

### THREE WEEK PACKAGES (PICK YOUR THREE WEEKS)

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No class: 7/4

### THREE WEEK PACKAGES (PICK YOUR THREE WEEKS)

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No class: 7/4

WINNETKA COMMUNITY HOUSE, 620 LINCOLN AVE.
Spring and Summer Camps

HOOPS4HEALTH BUILD THE SKILLS SUMMER CAMP
Our Build the Skills Summer Basketball Camp features fundamental basketball skill training, 5 on 5 Tournament, contests, prizes, awards, and much more. Each camp week will also feature a special guest who are professionals in their field of Nutrition, Tai-Chi, Yoga, and Fitness Training. The Hooq4Health Staff will be building the skills necessary to become a better player. We will also teach proper teamwork and sportsmanship which is vital to becoming a strong basketball player. Our professional staff has worked with kids of all ages and skill levels. We take great pride in personal attention and hands on teaching. At the end of each camp week, awards will be given out for including MVP, Defensive Player, Sportsmanship, and Most Improved. Have your child spend the summer time with Hooq4Health and become a better basketball player while having a lot of fun!

Details:
- Fundamentals covered include Triple Threat Stance, proper shooting form, moving/cutting without the ball, defense, passing, rebounding, and dribbling.
- Dribbling Hand/Eye Coordination/Flexibility, Toughness, Body Control, Conditioning/Core Work
- Mental Aspect of the Game, sportsmanship, positive attitude, off court maintenance, healthy lifestyle
- Creating Space off the dribble, Combination Moves
- On court communication, Screen and Roll Situations, Finishing off a foul, Basketball IQ. And more!
- There will be a variety of competitions, contests, awards, and prizes.
- 5 on 5 or 3 on 3 Tournament

Location: Winnetka Community House (WCH)

Grades: 2nd–12th
Instructor: Hooq4Health

<table>
<thead>
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<th>Date</th>
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<th>Time</th>
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<td>12966</td>
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<td>M Tu W Th F</td>
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</tbody>
</table>

HOOPS4HEALTH LITTLE BALLERS SUMMER BASKETBALL CAMP
Our Little Ballers Summer Camp features fundamental basketball skill training, 5 on 5 Tournament, contests, prizes, awards, and much more. Each camp week will also feature a special guest who are professionals in their field of Nutrition, Tai-Chi, Yoga, and Fitness Training. The Hooq4Health Staff will be building the skills necessary to become a better player. We will also teach proper teamwork and sportsmanship which is vital to becoming a strong basketball player. Our professional staff has worked with kids of all ages and skill levels. We take great pride in personal attention and hands on teaching. At the end of each camp week, awards will be given out for including MVP, Defensive Player, Sportsmanship, and Most Improved. Have your child spend the summer time with Hooq4Health and become a better basketball player while having a lot of fun! Movies/Cartoons shown at lunchtime. Full day campers should bring their own lunch.

Details:
- 45 minutes Skills, 45 minutes Movies/Cartoons 45 minutes Games/Contests
- Focus is on learning the rules, spots on the court, basic fundamentals, teamwork, sportsmanship, and court spacing. Each session we progress in learning how to play in a game setting.
- Fundamentals covered include Triple Threat Stance, proper shooting form, moving/cutting without the ball, defense, passing, rebounding, and dribbling.
- There will be a variety of competitions, contests, and prizes.
- 5 on 5 tournament

Location: Winnetka Bible Church (WBC) 555 Birch St  Winnetka, IL

Grades: JK–1st
Instructor: Hooq4Health

<table>
<thead>
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<th>Activity#</th>
<th>Date</th>
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<th>Time</th>
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<td>M Tu W Th F</td>
<td>9:30–11:45 AM</td>
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<tr>
<td>12922</td>
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<td>M Tu W Th F</td>
<td>12:30–2:45 PM</td>
<td>$230/$276</td>
</tr>
</tbody>
</table>

No class: 7/4

No class: 7/4

SPRING/SUMMER 2018
REGISTER ONLINE AT WINNETKACOMMUNITYHOUSE.ORG
TINY BITS
Moms and tots come play and learn as we see how much fun it is to be a toddler! We will have lots of exploring time plus an art project, a story and snack to end a day of fun. An adult must accompany each child. No siblings are allowed. Please bring a sippie cup for your child.

Ages: 12–23 Months  Instructor: Mary Fish, Elyse Ferdinand
Activity# Date Day Time M/NM
12816 4/4–5/30 W 9:15–10:00 AM $184/$224
12815 4/4–5/30 W 10:15–11:00 AM $184/$224
12819 4/5–5/31 Th 9:15–10:00 AM $207/$252
13054 6/6–7/25 W 9:15–10:00 AM $144/$176
No class: 5/7, 5/10, 7/4

LUNCH ADVENTURES
Come over and have lunch and fun and make new friends! Take a different journey each week. Let’s be a pirate and look for treasures one week and the next week become a chef and bake cookies. New adventures awaits you. We will learn through various art media, simple cooking projects, stories and more. Please bring a peanut-free lunch with a drink to class. Please notify us ahead of time if your child needs to be picked up from Winnetka Community Nursery School.

Ages: 4–6  Instructor: Mary Fisher, Elyse Ferdinand
Activity# Date Day Time M/NM
12822 4/6–6/1 F 11:15 AM–1:00 PM $272/$328
No class: 5/11

OUTDOOR ADVENTURES
Tiny Treks is an innovative program for families who want to teach their children about the world through exploration of their natural surroundings. We believe children learn best through hands-on experiences which build self-esteem and encourage a love of nature. In this class activities will include short stimulating hikes in a variety of outdoor settings, music, art projects and games. Please bring a peanut free lunch and drink to class. We will pick up children from Winnetka Community Nursery School.

Ages: 4–6  Instructor: Pam Katz
Activity# Date Day Time M/NM
12871 4/4–5/30 W 11:30 AM–2:00 PM $352/$422
12872 4/4–5/30 W 2:30–4:15 PM $328/$394
No class: 5/9

TINY BITS/LITTLE BITS
Mary Fisher has been working in the early childhood profession for over 20 years.

Elyse Ferdinand holds a degree from Northern Illinois in Early Childhood Education. She has over 20 years of preschool teaching experience.
FUN WITH AMIGOS
Everyday will be a special day at Fun With Amigos. We will laugh, play, create, sing, paint, cook and discover great wonders all while learning Spanish! Fun with Amigos uses a highly controlled vocabulary introduced in conjunction with fun theme days. All instructors are experienced in early childhood and at least one instructor is a native speaker.

Ages: 3–5 Instructor: Amigos Program

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<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
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<tbody>
<tr>
<td>12786</td>
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<td>Tu</td>
<td>10:00–11:30 AM</td>
<td>$168/$203</td>
</tr>
</tbody>
</table>

No class: 5/8

COOKING WITH AMIGOS
Every day promises to include a fun-filled delicious activity! We will chop, mix, slice, peel and eat all while learning Spanish! From the creators of Camp Amigos, Cooking With Amigos uses a highly controlled vocabulary introduced in conjunction with fun-to-make recipes. As we wait for our creations to cook we will have lots of fun playing games in Spanish! The instructor is a native Spanish speaker who has been carefully trained to implement the Amigos Programs curriculum. Please do not register if your child has allergies to egg, soy, dairy, wheat, nuts or berries.

Ages: 4–5 Instructor: Amigos Program

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<tr>
<th>Activity#</th>
<th>Date</th>
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<th>Time</th>
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<td>12:30–2:00 PM</td>
<td>$182/$217</td>
</tr>
</tbody>
</table>

No class: 5/8

FUN WITH SPANISH
Learn a new language through games, crafts, and fun all while learning Spanish! Amigos Programs use a controlled vocabulary that keeps building each week so words grow into phrases which grow into sentences. But your child will be having so much fun that the Spanish will feel like a bonus! Each session includes a healthy snack and a newsletter so you can reinforce the Spanish at home.

Grades: 1st–4th Instructor: Amigos Program

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<th>Activity#</th>
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</table>

No class: 5/9

INTRO TO FUN-GINEERING
Young engineers will build working models of simple machines such as a seesaw, a rolling vehicle, and merry-go-round using LEGO® Educational kits. Work in teams and have a great time working on activities designed around creativity, exploring, investigating and problem-solving in a fun group environment! While building these fun and interactive models, they will learn about levers, pulleys, gears and wheels and axles.

Ages: 3–5 Instructor: TechStars Computer Explorers

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No class: 5/11

VIDEO GAME MAKING WITH SPLODER New!
Students will have a ton of FUN using their creativity and strategy to develop a multi-level computer game! They will work in pairs to create games like a Retro Arcade, Platformer, Physics Puzzle and 3D Space Adventure!

Ages: 6–9 Instructor: TechStars Computer Explorers

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No class: 5/11

STAR WARS GALAXY DROIDS New!
In this special edition of TinkRworks robotics, TinkRers will build, wire-up, program and customize their own Star Wars themed droid! TinkRers will learn introductory robotics and computer programming skills as they make a fully-functioning, remote-controlled droid that moves, flashes lights, and plays droid-like sounds at the TinkRers‘ command. Along the way, they will develop STEAM skills and apply their reasoning and problem-solving skills to solve for many challenges. Best of all, TinkRers will continue the fun at home as they will keep what they make and the best part? They get to take it home and show their family and friends what they have created.

Ages: 7–10 Instructor: TinkRworks.com

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<tr>
<th>Activity#</th>
<th>Date</th>
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<td>Tu</td>
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</tbody>
</table>

PHYSICAL COMPUTING WITH MICROBITS New!
The BBC Microbit is a pocket-sized computer that you can code, customise and control to bring your digital ideas, games and apps to life. The Microbit is a powerful mini-computer! Students will see their code come to life in a physical and tactile environment. They will create emoticon displays, games, messages, light and music. Kids will take home a Microbit kit at the end of the session.

Ages: 8–12 Instructor: TechStars Computer Explorers

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No class: 5/11
Enrichment and Education

DRONES
Get ready to roll up your sleeves and join us for an epic week designing, building, and flying your very own quadcopter drone! TinkRers will learn all about the science of flight as they design their drones to achieve compromises between speed, aerobatics, and stability. To begin, the TinkRers will be given all of the components needed to make a drone, such as brushed DC motors, flight-controller boards (with wireless receivers), motor mounts, LEDs, and transmitters, and they will be introduced to concepts on how the parts work together to enable flight. Throughout the week, TinkRers will exercise their creativity and problem-solving skills while building and customizing their quadcopters. TinkRers will improve their piloting prowess by participating in unique sets of drone games that will allow them to push their piloting skills to the edge. And... above it all, all TinkRers will take their drones home at week’s end so that they can continue the fun! Note: Our camps have teacher student ratio of 6:1

Ages: 9–13 Instructor: TinkRworks.com

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<th>Activity#</th>
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<th>Day</th>
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<tr>
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<td>Th</td>
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<td>$299/$359</td>
</tr>
</tbody>
</table>

No class: 5/10

CHESS ENRICHMENT CLASS
Learn to play and enjoy the “Sport of the Mind,” Chess. This is an exciting class that takes the student to a new level of expertise. Whether they are beginners or continuing, the lessons are geared to enhance each student’s level of play. Studies continue to confirm that the student that plays and studies chess does better academically. Chess will develop analytical and critical thinking skills, decision making, responsibility, sportsmanship, focus, concentration and patience in all they do. Join today!

Grades: Kindergarten–3rd Instructor: Chess-Ed

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SAFESITTER BABYSITTING PROGRAM
SafeSitter Essentials with CPR is a 1 day 6 1/2 hour class designed to prepare students in grades 6–8 to be safe when they’re home alone, watching younger siblings or babysitting. The instructor led class is filled with fun games and role playing exercises. Students even get to use mannequins to practice rescue skills like choking rescue and CPR. Students will learn safety skills, child care skills, first aid and rescue skills and life and business skills. Please bring a lunch with a drink. Parents are invited to attend the last 15 minutes of class for a graduation ceremony.

Grades: 6th–9th Instructor: Angela Green

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<tr>
<td>13028</td>
<td>6/2 Sa</td>
<td>9:30 AM–4:00 PM</td>
<td>$99/$119</td>
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</table>

SELF-DEFENSE TRAINING FOR ADULTS, TEENS, AND YOUTH
Give us two hours and we’ll teach you, your family and your friends how to defend yourselves. Originally certified by the State of Illinois to teach police officers, this is one of the easiest to learn and most effective self-defense classes you can take. We’re not going to give you a false sense of security or teach you a bunch of stuff that might not work in a real life or death situation. The techniques we teach will stop an attacker immediately. They’re easy to learn and use, don’t require constant practice or years of training to master, and work regardless of your age, size, strength, speed, skill or physical ability. You’ll work with a partner to learn the techniques taught in class which include defenses against armed and unarmed attackers, single/multiple attackers, standing, sitting, and ground techniques and rape defense/prevention. Learn to anticipate and avoid potentially dangerous situations and how to defend yourself against a physical attack including; grabs, punches, chokes, bear hugs, headlocks, kicks, knives, guns, and more from a much bigger and stronger attacker.

This isn’t a safety lecture, although you will learn ways to make yourself safer at work, at home, at school, when traveling and more. Participants will also be given a personal safety guide to help make you and your families safer in all areas of your lives. This class is targeted toward teens and adults, but 8–11 year olds can sign up and take a class with an adult. We have been teaching our program for over 15 years for police officers, over 40 schools, 16 park districts, community education programs, libraries, Scout troops, battered women’s shelters, realtors, summer camps, churches and synagogues, clubs, private groups, individuals and companies. Our instructors have multiple advanced martial arts, military and security backgrounds.

Ages: 8+ Instructor: Michael Theriaut (The Braveway LLC)

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<tr>
<td>12893</td>
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<td>W</td>
<td>7:00–9:00 PM</td>
<td>$36/$43</td>
</tr>
</tbody>
</table>
**Mother Daughter Tea**  
Come and celebrate the joy of being a mother/daughter. What fun it would be to drink herbal teas from pretty china teacups, as well as eating hand made delicacies and sweet treats from Britain and South Africa. Of course there will be fancy hats, fascinators and boas to don, so please come dressed in your prettiest party dress. Through games and activities we will learn a little history about tea and fashion, as well as the etiquette in drinking tea as we share good table manners. Fee is per person.  
**Ages: 3+  Instructor: Sarah Berto**  
**Activity#** | **Date** | **Day** | **Time** | **M/NM**  
---|---|---|---|---  
13011 | 4/29 | Su | 3:00–4:00 PM | $25/$30

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**Spring Fling**  
Come and enjoy a day celebrating spring with Ms. Mary and Ms. Elyse. Children will be doing spring art and cooking projects and learning all about spring. Children must be toilet trained to participate in this class.  
**Ages: 3–5  Instructor: Mary Fisher, Elyse Ferdinand**  
**Activity#** | **Date** | **Day** | **Time** | **M/NM**  
---|---|---|---|---  
12823 | 3/28 | W | 9:00–11:30 AM | $40/$48

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**Glitzy Girlz**  
**Flower Me Pretty**  
Come join Glitzy Girlz this Spring and get adorned in flowers. Staff will give a make-over with flower hair clip, sparkles, light make-up and colorful nails with flower nail decals. Each girl will decorate a flower craft with personalization, paints and flower embellishments. A second activity will be designing a crystal bracelet with flower charm. Class will end with a fashion show and parents can come to watch and take photos after class. Find out more at glitzygirlz.com.  
**Ages: 4–10  Instructor: Glitzy Girlz**  
**Activity#** | **Date** | **Day** | **Time** | **M/NM**  
---|---|---|---|---  
12573 | 5/4 | F | 6:30–7:45 PM | $46/$52

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**Glitzy Girlz**  
**Besties Bling Boutique**  
Come join Glitzy Girlz for a night with your first little besties—your daughters! Our class will be all about bling and beads. Each couple will design a beaded ensemble of two crystal bracelets with a great selection of colorful beads and charm dangles to accent the pieces. They will also decorate a trinket box to store the new treasures complete with personalization, paints and embellishments. A special night together remembered in bling!  
**Ages: 4–11  Instructor: Glitzy Girlz**  
**Activity#** | **Date** | **Day** | **Time** | **M/NM**  
---|---|---|---|---  
12572 | 4/20 | F | 6:30–7:45 PM | $46/$52
AMAZING ART
Amazing Art combines all your favorite art projects and mixed media in one unique class. Kids will make tie dye shirts (to be used as art smocks for the session), experience pottery painting, create fired ceramic arts, paint a canvas acrylic painting, do recycled arts projects and more. Lessons will include concepts and techniques kids can use for a lifetime. The experience of creating awesome projects will result in great self-esteem and a sense of accomplishment. Finished work will be taken home immediately. This is a drop off program. All new lessons are offered each session.

Grades: Kindergarten–5th  Instructor: Sunshine Arts And Crafts
Activity#  Date  Day  Time  M/NM
12857  4/3–5/29  Tu  4:00–4:50 PM  $176/$216
No class: 5/8

POTTERY PAINTING 101  new!
Pottery Painting is the #1 most requested project in every class! Each week the kids will create a different pottery selection. Some will be functional, others decorative, but every one will focus on a different technique from brush use, color selection, sponging, dabbing and much more. Motor skills and creative expression are emphasized. Our first class is spent creating tie dye shirts which are used as painting smocks for the remainder of the program. Shirts will be provided. Kids love to paint and they will take their creations home immediately. We do new projects every class.

Grades: Kindergarten–5th  Instructor: Sunshine Arts And Crafts
Activity#  Date  Day  Time  M/NM
12855  4/9–5/21  M  4:00–4:50 PM  $132/$162
No class: 5/7

CARTOONING AND COMIC MAKING
This fun course introduces the basic techniques of cartoon drawing, emphasizing clear and efficient visual story telling. Students will create and establish their very own characters and environments. Materials: Instructor will provide materials on the first day of class. $20 will be due to the instructor at that time.

Grades: 8–13  Instructor: Nick Messink
Activity#  Date  Day  Time  M/NM
12828  4/14–6/9  Sa  10:00–11:30 AM  $200/$240
No class: 5/5

FASHION SEWING TECHNIQUES 1
Combine the basic techniques of hand sewing and machine sewing in this 10 week course. You’ll learn basic stitch techniques by hand and you’ll learn how to use the sewing machine. By the end of the class, you will have completed at least two different projects, one by hand and one by machine. Sewing supplies, including fabric, thread, needles and pins, will be provided. Students may choose to purchase additional specialty items on their own.

Ages: 8–13  Instructor: Taylor Ioannou
Activity#  Date  Day  Time  M/NM
12775  4/10–6/5  Tu  4:15–5:15 PM  $176/$211
No class: 5/8

FASHION SEWING TECHNIQUES 2
This class is a continuation of Fashion Sewing Techniques. Students will continue to learn about the sewing machine and they will learn about pattern production. By the end of this course students will have completed at least one apparel project on the sewing machine, such as a shirt, pants, vest, etc. This class is perfect for students looking to advance their sewing skills. Sewing supplies, including fabric, thread, needles and pins, will be provided. Students may choose to purchase additional specialty items on their own. Skill Level: Students must have completed Fashion Sewing Techniques 1 or know how to use the sewing machine.

Ages: 8–13  Instructor: Taylor Ioannou
Activity#  Date  Day  Time  M/NM
12776  4/10–6/5  Tu  5:30–6:30 PM  $224/$269
No class: 5/8

CIAO BELLA SEWING
Taylor is a twenty something from Chicago and she is the founder of Ciao Bella Sewing. Taylor’s extensive background in fashion design and construction, from the School of the Art Institute and De Paul University, prompted her to pursue her passion and do what she loves! Taylor has a true passion for fashion; she loves being creative and original.
Ceramics

KIDS ON & OFF THE WHEEL
Learn how to use a pottery wheel, slab roller and plaster molds to create unique pottery pieces. Plus, we’ll explore surface decoration, from stamps to stencils to drawing on clay!

**Ages: 10–15  Instructor: Marissa Neuman**

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<th>Activity#</th>
<th>Date</th>
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<td>M</td>
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No class: 5/7, 5/28

ADVANCED JUNIOR CERAMICS
For the maturing maker, this class will focus on developing student ideas to create fulfilled objects from clay. Students will learn hand building techniques such as slab, coil and pinching as well as throwing on the wheel to form a repertoire of construction techniques useful throughout the artist’s career. Unstructured play and exploration of materials and techniques are highly encouraged!

**Ages: 11–15  Instructor: Jill Hurwitz**

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<td>Tu</td>
<td>6:30–9:00 PM</td>
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No class: 5/3, 5/10

CERAMICS - ALL LEVELS
From a lump of clay to finished vessel, all the steps of centering, shaping, trimming, decorating and glazing are covered during the semester. All adults are welcome, from complete novice through more experienced. Beginners concentrate on making, decorating and glazing basic forms both functional or non-functional. Students with previous experience may advance at their own pace, learning more complex forms and glazing techniques.

**Ages: 18+  Instructor: Jill Hurwitz**

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<td>6/23</td>
<td>Sa</td>
<td>10:00–11:30 AM</td>
<td>$30/$36</td>
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</tbody>
</table>

BOWL BLAST WORKSHOP: ANIMAL BOWLS! NEW!
We’ll make a bowl on the potter’s wheel and turn it into an animal at the table! No experience necessary.

**Ages: 7+  Instructor: Jill Hurwitz**

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<th>Activity#</th>
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<td>W</td>
<td>4:00–5:30 PM</td>
<td>$208/$248</td>
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No class: 5/9, 7/4

LIONS AND TIGERS AND BEARS!
Explore hand building by creating your own jungle! We’ll show you how to make real and imagined creatures. Topics will include basic anatomy, creating characters, lots of building techniques, and how to decorate pieces.

**Ages: 6–11  Instructor: Marissa Neuman**

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<th>Date</th>
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<td>$260/$310</td>
</tr>
</tbody>
</table>

No class: 5/8

KID’S CLAYTIME
Small hands have big ideas. Let’s build them! We will try throwing on the wheel, learn how to coil and slab build and combine them for maximum creativity.

**Ages: 7–10  Instructor: Jill Hurwitz**

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<th>Activity#</th>
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<td>$208/$248</td>
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</table>

No class: 5/9, 7/4

KIDS BEGINNING CERAMICS
For children with little to no clay experience. We will spend the session learning about hand building techniques including pinching, slab and coil building. Each class will be a different project to get students excited about the possibilities of playing with clay!

**Ages: 5–8  Instructor: Marissa Neuman**

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<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>12645</td>
<td>4/2–6/11</td>
<td>M</td>
<td>4:00–5:30 PM</td>
<td>$234/$279</td>
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</tbody>
</table>

No class: 5/7, 5/28

Jill Hurwitz has been throwing pots since 1973 and teaching ceramics since 1994. While earning her B.A. from Skidmore College in New York, she spent all her spare time in the pottery studio. Jill has a Master’s Degree in Teaching from the School for International Training in Vermont. After college, Jill studied pottery in Vermont, at Lillstreet Studios in Chicago, at the Evanston Arts Center and the Park District in Highland Park.
Dance

FANTASY DANCE
Imagination, movement, dance and enchanting costumes combine to enhance your child’s creativity and coordination. Classes incorporate basic ballet, French terminology, creative movement and motor skill development. Parent Observation Day will take place on the last day of the session for the last 15 minutes of class.

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Class</th>
<th>Age</th>
<th>Instructor</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
<th>No Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>12859</td>
<td>Fantasy Dance</td>
<td>2.5–3</td>
<td>Chrissy Fee</td>
<td>4/2–5/21</td>
<td>M</td>
<td>9:00–9:45 AM</td>
<td>$188/$223</td>
<td>No class: 5/7</td>
</tr>
<tr>
<td>12860</td>
<td>Fantasy Dance</td>
<td>3–4</td>
<td>Chrissy Fee</td>
<td>4/2–5/21</td>
<td>M</td>
<td>9:45–10:30 AM</td>
<td>$188/$223</td>
<td>No class: 5/7</td>
</tr>
<tr>
<td>12861</td>
<td>Fantasy Dance</td>
<td>2.5–4</td>
<td>Chrissy Fee</td>
<td>4/2–5/21</td>
<td>M</td>
<td>10:30–11:15 AM</td>
<td>$188/$223</td>
<td>No class: 5/7</td>
</tr>
<tr>
<td>12862</td>
<td>Fantasy Dance</td>
<td>3–4</td>
<td>Chrissy Fee</td>
<td>4/2–5/21</td>
<td>M</td>
<td>1:30–2:15 PM</td>
<td>$188/$223</td>
<td>No class: 5/7</td>
</tr>
<tr>
<td>12863</td>
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<td>2.5–4</td>
<td>Chrissy Fee</td>
<td>4/3–5/29</td>
<td>Tu</td>
<td>12:30–1:15 PM</td>
<td>$188/$223</td>
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<tr>
<td>12879</td>
<td>Fantasy Dance</td>
<td>3–4</td>
<td>Elyse Reynolds</td>
<td>4/6–5/25</td>
<td>F</td>
<td>9:00–9:45 AM</td>
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<td>No class: 5/11</td>
</tr>
<tr>
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<td>2.5–3</td>
<td>Elyse Reynolds</td>
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<td>12881</td>
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<td>2.5–4</td>
<td>Gwendolyn Britt</td>
<td>4/7–5/26</td>
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<td>12999</td>
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<td>2.5–4</td>
<td>Gwendolyn Britt</td>
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<td>3–5</td>
<td>Gwendolyn Britt</td>
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<td>1:15–2:00 PM</td>
<td>$168/$202</td>
<td>No class: 5/11</td>
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</tbody>
</table>

See page 17 for Fantasy Dance Camp!
REQUIRED DANCE ATTIRE

Fantasy Dance, Tiny Tot Ballet, Pre Ballet: Light Pink leotard, tights, ballet slippers.
Ballet 1/2: Lavender leotard, pink tights and ballet slippers
Ballet 2: Lavender leotard, pink tights and ballet slippers
Ballet 3/4: Light blue leotard, pink tights and ballet slippers
Ballet 5: Black leotard, pink tights and ballet slippers
Teen Ballet: Black leotard, nude tights, mid length skirt and ballet slippers
Musical Theatre Dance: Girls Black leotard, nude tights, mid length skirt, jazz shoes or ballet slippers
Boys, black or white T-shirt and black athletic pants with jazz shoes
Jazz: Leotard and jazz shoes
Tap: comfortable clothing and tap shoes
Hip Hop: Comfortable clothing

Please be advised that proper attire is required for all classes. Cost of the attire is not included in tuition.
Any child arriving to class later than 10 minutes will not be admitted. This is due to the safety of the child’s body. In order to prepare their body for the class, the child must participate in the warm-up, held at the beginning of the class. If the child misses the warm-up, the possibility of injury is very high.

Please note: You may only attend the day/time you are registered for. Makeup classes are not allowed.
MUSICAL THEATRE DANCE
Monica O’Connor teaches a spectacularly fun class that includes strengthening, toning, dance technique and fabulous choreography drawn from our rich American musical theater history, including shows such as Chicago, Chorus Line, Lion King, West Side Story and Guys and Dolls. Learn audition skills and a variety of dance styles used in musical theater. Come try this fantastic class!

Grades: 4th–8th
Instructor: Monica O’Connor

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>13004</td>
<td>6/13–8/1</td>
<td>W</td>
<td>5:30–6:45 PM</td>
<td>$196/$235</td>
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<tr>
<td>No class:</td>
<td>7/4</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

ADULT BROADWAY DANCE
Monica O’Connor teaches a spectacularly fun class that includes strengthening, toning and fabulous choreography drawn from our rich American Musical history, including favorite shows such as: Chicago, Chorus Line, Lion King, West Side Story, Guys and Dolls.... Come try this fantastic class and you will dance through the rest of your day!

Ages: 18+
Instructor: Monica O’Connor

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
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<tr>
<td>No class:</td>
<td>5/8</td>
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</tbody>
</table>

Dance Recital
May 19–20

Annual Recital Rehearsal
(Excluding Fantasy Dance, Tiny Tot Ballet, Pre-Ballet, Tiny Tap)
Saturday, May 19, 2018 2:30–5:00 PM

Mini Recital Rehearsal
Tiny Tot Ballet, Pre-Ballet, Tiny Tap rehearsal will take place on the last day of class.

Mini Recital
(Preschool–Kindergarten)
(Includes: Tiny Tot Ballet, Pre-Ballet, Tiny Tap)
Sunday, May 20, 2018 1:00 PM

Main Recital
(Excluding Fantasy Dance, Tiny Tot Ballet, Pre-Ballet, Tiny Tap)
Sunday, May 20, 2018 4:00 PM
WINNETKA COMMUNITY HOUSE: RECIPIENT OF
THE 2017 HEART OF THE COMMUNITY AWARD!

No one can imagine what Winnetka would be like without the vibrant core that the Winnetka Community House provides – a central gathering place for play, fitness, art, theater, and civic engagement. Only a handful of communities across the country can boast such a facility. Five resident non-profits, listed below, and two dozen charities call Winnetka Community House their home! In 2016–2017 we provided $238,000 in discounted space to area non-profits.

Because of its contribution to the development of the Village – and its continuing support of young, old and everyone in between – the Winnetka –Northfield Chamber of Commerce gave us the “Heart of the Community Award” in 2017 to honor the organization and thousands of volunteer hours that have given life to the building, to its programs and therefore to the Village – for over 100 years.

Thank you for investing in us so that we can better serve Winnetka and the North Shore.

OUR RESIDENT NON-PROFITS
FROM THE PRESIDENT

It is humbling to join a 107-year-old institution that is so integral to Winnetka and the North Shore. I became President and Executive Director in July 2017, at the end of its 2016–2017 fiscal year, a year of solid achievement and strength.

I delight in the people I meet every day. From early each morning, when I am greeted by long-time Fitness Centre users, to the parade of board members, volunteers, and patrons who bring life to these four walls, I am impressed by their devotion and the tens of thousands of hours they give us each year. It takes 300 volunteers to put on one Antiques and Modernism Show, and 5,000 hours of volunteer time for the Children’s Theater of Winnetka to produce two Broadway-style musicals each year.

Weekly, I meet more members of Village leadership: elected officials, school, parks, and library representatives, and dedicated staff members of the Village of Winnetka – fire, police, public works and administrative officials – who keep all of us safe and secure. We have a true partnership that has resulted in Winnetka Community House being selected as the headquarters of the Winnetka Music Festival in June 2018!

I salute employees who greet the dawn to ensure that your House is in good shape. We have a professional team that promotes high levels of service and mutual problem solving, with a strong commitment to the community.

As we build upon past achievements, let’s pivot to the future. A series of studies – focus groups, surveys and professional evaluations – about our market, our building and our community, are being completed to feed into a strategic plan. We seek new areas of growth and new ways to serve you, while remaining the central gathering place for educational, cultural, social and recreational activities.

I see how much love, sweat and careful thought have been devoted to the welfare of this House. All of you - our loyal and generous donors, as well as our leaders and volunteers - understand that we cannot survive without your support. I especially thank you! We work together as a village supporting each other, because that is what it takes to sustain and grow Winnetka Community House. What a pleasure it is to be part of this village!

With Best Regards,

Bob Thomas
President and Executive Director
SOME OF THE YEAR’S HIGHLIGHTS:

• Children’s Theatre of Winnetka founder Barbara Weldon was selected as 2017 Woman of the Year by the Winnetka-Northfield Chamber of Commerce for her immeasurable contributions to the performing arts in Winnetka. Barbara directed children’s musicals for over 43 years, recently stepping down from that role. She will remain on the CTW board.

• We sold out our two annual productions of our very own Children’s Theatre of Winnetka (CTW), the beloved musicals Annie Jr. and Hello, Dolly! This prestigious troupe has been offering children the chance to discover their talents and establish their stage presence in a full-fledged Broadway-style production since 1975.

• Over 5,000 children and adults, aged 1 – 100, participated in over 200 educational, cultural, social and recreational activities at Winnetka Community House during the 2016 – 2017 fiscal year.

• Our Fitness Centre’s 90,000 annual visits included 2,200 hours of personal training sessions to help members achieve their fitness goals. Our 1,000 Fitness Centre users can now enjoy newly renovated steam rooms. New tile, doors, and steam heads with an AromaSteam system create an environment that promotes improved circulation, reduces stress, clears congestion, enhances skin health and aids in workout recovery.

• The Women’s Board of Winnetka Community House brought great energy, creativity, and talent to their three popular fundraising events in 2016 – 2017. Antiques & Modernism Show 2016 hosted a record 5,000+ visitors, and Wine and Beer Tasting and Breakfast With Santa sold out.

JULY 2016–JUNE 2017 FINANCIAL SUMMARY

As one of only a handful of privately-funded community gathering places nationally, your generous gifts and fundraising events provide 29% of our operating budget, supporting all that we do for you, your family, and our community.

<table>
<thead>
<tr>
<th>Revenues: $4,142,129</th>
<th>Expenses: $4,012,492</th>
</tr>
</thead>
<tbody>
<tr>
<td>Programs, Facility Usage</td>
<td>61%</td>
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<tr>
<td>Investment Activity, Board Designated Funds, Etc.</td>
<td>10%</td>
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<tr>
<td>Fundraising Events</td>
<td>12%</td>
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<tr>
<td>Contributions</td>
<td>17%</td>
</tr>
<tr>
<td>Administration</td>
<td>18%</td>
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<tr>
<td>Fundraising</td>
<td>15%</td>
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<td>Special Events</td>
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</tr>
<tr>
<td>Depreciation</td>
<td>5%</td>
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</table>
The leadership of Winnetka Community House extends its gratitude to the following individuals for their outstanding and generous support of Winnetka Community House, both to our annual and capital fund campaigns, during our July 2016 – June 2017 fiscal year. Thank you all for your support – we thrive because of you!

**$50,000 AND OVER**
Anonymous (2)
Mrs. James Bovaird
Kemper Educational and Charitable Fund
WCH Woman’s Board

**$25,000 TO $49,999**
Paul Bechtner Foundation/Weaver Family
James and Carol Hansen

**$15,000 TO $24,999**
Mr. John H. Ellwood
Carrie and Duncan Healy
Nan and Wally Greenough
Ms. Kathryn A. Mikells
and Mr. Edward J. Harney

**$10,000 TO $14,999**
Jim and Leslie Farmer
Rachel and Dale Park
Mr. and Mrs. Thomas W. Smith

**$5,000 TO $9,999**
Anonymous (2)
Mr. and Mrs. R. Clayton Brock
Joan and Kevin Evanich
Ms. Elizabeth M. Landes
and Mr. Barry Leemputte
Mr. and Mrs. Patrick Leemputte
Dr. Marian Powers
and Mr. Belverd E. Needles
Mr. and Mrs. Mark Vorhees
Christopher and Emily Wyner

**$2,500 TO 4,999**
Dr. and Mrs. M. Naveed Anwar
Mr. and Mrs. Jeffrey E. Danoff
Mr. and Mrs. Thomas S. Ricketts
Mr. and Mrs. Mark Wetzel

**$1,000 TO $2,499**
Mr. and Mrs. Murray Ancell
Mr. and Mrs. Dewey B. Crawford
Ms. Kristina Dalman
and Tim Roselli
Mr. and Mrs. Ted DeNapoli
Mr. and Mrs. Byram E. Dickes
Mr. Michael Edwards
and Ms. Melissa Mizel
Mr. Jorge Esteve
and Ms. Susan Brice-Esteve
Mr. and Mrs. Ira A. Eichner
Mr. Mark Ferguson
and Ms. Elizabeth Yntema
Mr. and Mrs. Mark A. Fuller III
Mr. and Mrs. Brian Gelber
Mr. and Mrs. Roger J. Grabowski
Mr. and Mrs. William W. Graham
Mr. and Mrs. David Grant
Mr. and Mrs. Roger C. Hochachild
Mr. Edgar Jannotta
Mr. and Mrs. Michael A. Klaskin
Ms. Kate Kligora
and Mr. Scott Sognefest
Mr. and Mrs. Lester Knight III
Mr. Richard J. Loewenthal
and Mr. Mrs. John D. Mabie
Mr. and Mrs. Joe Madigan
Mr. and Mrs. Alex Moore
Mr. Jeffrey C. Neal
and Ms. Susan J. Cellmer
Alexandra and John Nichols
Dr. and Mrs. Arthur C. Nielsen III
Mr. Leo P. Niemiec
Mrs. Luvian M. Owens
Mr. and Mrs. Thomas Papoutsis
Mr. and Mrs. Donald E. Rocap
Mr. and Mrs. Patrick Ronan
Mr. and Mrs. John S. Ruey
Lee and Elise Sacks
Mr. Muneer A. Satter
and Ms. Kristen H. Hertel
Mr. and Mrs. Frederick Schwimmer
Mrs. Charles H. Shaw
Mr. and Mrs. Stephen Smith
Julie and Bob Stracks
Ms. Amy Swarchild
Ms. Suzanne M. Timble
Mr. and Mrs. Matthew B. Tittley
Vail Family Foundation
Ms. Carol B. Watkins
Mr. and Mrs. Lawson Whitesides, Jr.
Mr. and Mrs. Robert Wilson

**$750 TO $999**
Mr. and Mrs. Robert H. Aland
Phyllis L. Berning
Dr. and Mrs. Charles H. Dowding
Mr. and Mrs. Elisha Gray III
Mr. John Gude
Juanita and Toby Nicholson
Mr. and Mrs. Robert A. Schriesheim
Mr. and Mrs. Timothy Van Tassel
Mr. and Mrs. John Vondran
Warwick Foundation

**$500 TO $749**
Mr. and Mrs. Brian Balusek
Mr. and Mrs. Gary L. Bannon
Mr. and Mrs. Barry M. Berish
Mr. and Mrs. Arnold Berlin
Mr. and Mrs. Theodore R. Butz
Mr and Mrs. Craig Chapman
Mr. and Mrs. Stephen C. Coley
Mr. Mark Crane
Mr. and Mrs. Stephen F. Crane
Mr. and Mrs. David S. Curry
Mr. and Mrs. Tom Doar III
Mr. and Mrs. Peter S. Egan
Mr. and Mrs. Stephen Eisen
Mr. and Mrs. Eric Falberg
Mr. and Mrs. Bill Ferguson
Mr. and Mrs. Lloyd Ferguson
Ms. Madeleine Fern
Mr. and Mrs. Brian Flanigan
Mr. and Mrs. Daniel Fortin
Mr. and Mrs. James S. Frank
Mr. and Mrs. Greg Frezados
Dr. and Mrs. Jason Glick
Ms. Donna Gustafsson
Mr. and Mrs. John A. Hagenah
Mrs. J. William Holland
Mr. and Mrs. William N. Krucks
Mr. and Mrs. Christopher Loll
Mr. and Mrs. Edward W. Lyman, Jr.
Mr. and Mrs. Daniel J. Maguire
Mr. and Mrs. John V. McClure
Mr. Stuart McCravy
and Ms. Nancy Davis
Mrs. John McDermott
Mr. and Mrs. James McGee
Luvie and Scott Myers
Ms. Katherine L. Olson
Mr. and Mrs. Michael Parks
Mr. and Mrs. David D. Peterson, Jr.
Laurie and Michael Petersen
Mr. and Mrs. James Saccaro
Mr. and Mrs. James L. Sheridan
Mr. and Mrs. John B. Snyder
Mr. and Mrs. Carson Thomas
Mr. and Mrs. Robert Vorwald
Mr. and Mrs. David Waimon
Mr. and Mrs. John B. Weber

A much-anticipated new Annual Fund Donor Wall was installed in the main lobby of Winnetka Community House in January, 2018 to recognize all those who generously helped underwrite our operations during the 2016-2017 fiscal year.

Photography by Lorraine Ryan.
We send heartfelt thanks to the many donors who supported WCH with gifts under $100.

**BUSINESS SPONSORS 2016-2017**

Carol and Jim Hansen
AltaStaff
Catered by Design
CB2
CIBC
Challenger, Gray and Christmas, Inc.
Dr. RomaFranzia/FaceForward- A Medical Spa
The Hudson Company
Morgan Stanley
North Shore Community Bank & Trust Co.
Northern Trust
Springbank Capital Advisors
### CERAMICS - ALL LEVELS
From a lump of clay to finished vessel, all the steps of centering, shaping, trimming, decorating and glazing are covered during the semester. All adults are welcome, from complete novice through more experienced. Beginners concentrate on making, decorating and glazing basic forms both functional or non-functional. Students with previous experience may advance at their own pace, learning more complex forms and glazing techniques.

<table>
<thead>
<tr>
<th>Ages: 18+</th>
<th>Instructor: Jill Hurwitz</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity#</td>
<td>Date</td>
</tr>
<tr>
<td>12606</td>
<td>4/2–6/11</td>
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<tr>
<td>12635</td>
<td>4/3–6/5</td>
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<tr>
<td>13016</td>
<td>6/18–8/20</td>
</tr>
<tr>
<td>13018</td>
<td>6/19–8/21</td>
</tr>
</tbody>
</table>

No class: 5/8

### ADULT GUITAR LESSONS
Gain or hone a skill this summer with feedback that you just can’t get online. An instructor who has been teaching guitar for more than a decade will guide you. Flexible options available to fit your schedule, just speak to the instructor for advice. All skill levels welcome. Begin today. Students will be contacted by the instructor to arrange a lesson time. Must provide own guitar.

<table>
<thead>
<tr>
<th>Ages: 18+</th>
<th>Instructor: Brandon Seyferth</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity#</td>
<td>Date</td>
</tr>
<tr>
<td>13040</td>
<td>6/13–7/25</td>
</tr>
</tbody>
</table>

No class: 7/4

### PIANO LESSONS
Learn how to play piano in a fun and creative way! Our unique approach is structured entirely around the student’s needs. Regardless of age or skill level, we educate our students with a strong musical foundation, learning the theory behind piano as well as the fundamentals. All ages are welcome. Lessons are 30 minutes long. Students will be contacted by the instructor to arrange a time.

<table>
<thead>
<tr>
<th>Ages: 4+</th>
<th>Instructor: Top Note Music Academy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity#</td>
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</tr>
<tr>
<td>12801</td>
<td>3/19–4/16</td>
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<tr>
<td>12991</td>
<td>7/26–8/30</td>
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</table>

No class: 5/7, 5/9, 5/28, 7/4
ACTIVE ADULTS

PRIVATE VOICE LESSONS
Learn how to sing in a fun and creative way! Our unique approach is structured entirely around the student’s needs. Regardless of age or skill level, we educate our students with a strong musical foundation, learning the theory behind their voice as well as the fundamentals. Our philosophy has always been to teach music to children on a multi-instrumental level, allowing our students to thrive musically on various instruments while building their confidence. Our talented, college-graduate teachers creatively inspire all students to choose the instrument(s) they would really like to learn. Our goal is to educate our community of children and adults with the gift of music. Lessons are 30 minutes long. Students will be contacted by the instructor to arrange a time.

Ages: 4+ 
Instructor: Top Note Music Academy

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
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<tbody>
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<td>13058</td>
<td>5/15–6/5</td>
<td>Tu</td>
<td>3:00–8:00 PM</td>
<td>$185/$215</td>
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<tr>
<td>13061</td>
<td>5/16–6/6</td>
<td>W</td>
<td>3:00–8:00 PM</td>
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<tr>
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<td>W</td>
<td>3:00–8:00 PM</td>
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No class: 7/4

ADULT BEGINNING BALLET
Ages: 18+
Instructor: Kristina Mosbo

<table>
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<th>Date</th>
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<th>Time</th>
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No class: 5/7

ADULT BALLET
Ages: 18+ 
Instructor: E. Marc Nevins

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<tr>
<th>Activity#</th>
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<th>Day</th>
<th>Time</th>
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<tr>
<td>13049</td>
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<td>1:00 PM–2:00 PM</td>
<td>$168/$202</td>
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ADULT CONTINUING BALLET
Ages: 18+ 
Instructor: Kristina Mosbo

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<thead>
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<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
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</table>

No class: 5/10

ADULT JAZZ
Ages: 18+ 
Instructor: Kristina Mosbo

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<th>Date</th>
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<th>Time</th>
<th>M/NM</th>
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</thead>
<tbody>
<tr>
<td>13023</td>
<td>6/12–7/24</td>
<td>Tu</td>
<td>9:30–10:45 AM</td>
<td>$196/$235</td>
</tr>
</tbody>
</table>

No class: 5/8

ADULT BROADWAY DANCE
Monica O’Connor teaches a spectacularly fun class that includes strengthening, toning and fabulous choreography drawn from our rich American Musical history, including favorite shows such as: Chicago, Chorus Line, Lion King, West Side Story, Guys and Dolls,... Come try this fantastic class and you will dance through the rest of your day!

Ages: 18+ 
Instructor: Monica O’Connor

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
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</thead>
<tbody>
<tr>
<td>13023</td>
<td>6/12–7/24</td>
<td>Tu</td>
<td>9:30–10:45 AM</td>
<td>$196/$235</td>
</tr>
</tbody>
</table>

No class: 5/8

PIATES
The Pilates Method is a classic method of physical and mental conditioning created over 80 years ago by legendary physical trainer Joseph Pilates. Through exercises that focus on the application of six principles: control, centering, concentration, precision, breath and flow, we teach you about the mechanics of movement, allowing you to develop and maintain a healthy and graceful body.

Ages: 14+ 
Instructor: Nicole Betts

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
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<tbody>
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No class: 7/4

PIATES: BEGINNER
Ages: 14+ 
Instructor: Nicole Betts

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No class: 5/7, 9, 28

PIATES: CONTINUING
Ages: 14+ 
Instructor: Nicole Betts

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
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</table>

No class: 5/7, 9, 28

TAI CHI
Cheryl Kotsias has been involved in physical fitness since the 1970’s. She has studied the art at several schools in the Chicagoland area including the Chinese Cultural Center in Evanston. Kotsias is a Certified Level II Tai instructor, certified by the American Tai Chi and QiGong Association. She also brings with her the teachings of several masters of Tai Chi and looks forward to helping you achieve better health through Tai Chi. Tai Chi is an ancient Chinese tradition that today is practiced as a graceful form of exercise. It involves a series of movements performed in a slow, focused manner and accompanied by deep breathing. Tai Chi helps reduce stress and anxiety as well as increasing flexibility and balance. Through Cheryl’s unique holistic teachings, of many different styles including QiGong and Yang, you will learn this noncompetitive exercise's postures.

Ages: 14+ 
Instructor: Cheryl Kotsias

<table>
<thead>
<tr>
<th>Activity#</th>
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<th>Day</th>
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No class: 5/3, 5/10, 7/5
SELF-DEFENSE TRAINING FOR ADULTS, TEENS, AND YOUTH

Give us two hours and we’ll teach you, your family and your friends how to defend yourselves. Originally certified by the State of Illinois to teach police officers, this is one of the easiest to learn and most effective self-defense classes you can take. We’re not going to give you a false sense of security or teach you a bunch of stuff that might not work in a real life or death situation. The techniques we teach will stop an attacker immediately. They’re easy to learn and use, don’t require constant practice or years of training to master, and work regardless of your age, size, strength, speed, skill or physical ability. You’ll work with a partner to learn the techniques taught in class which include defenses against armed and unarmed attackers, single/multiple attackers, standing, sitting, and ground techniques and rape defense/prevention. Learn to anticipate and avoid potentially dangerous situations and how to defend yourself against a physical attack including; grabs, punches, chokes, bear hugs, headlocks, kicks, knives, guns, and more from a much bigger and stronger attacker.

This isn’t a safety lecture, although you will learn ways to make yourself safer at work, at home, at school, when traveling and more. Participants will also be given a personal safety guide to help make you and your families safer in all areas of your lives. This class is targeted toward teens and adults, but 8–11 year olds can sign up and take a class with an adult.

We have been teaching our program for over 15 years for police officers, over 40 schools, 16 park districts, community education programs, libraries, Scout troops, battered women’s shelters, realtors, summer camps, churches and synagogues, clubs, private groups, individuals and companies. Our instructors have multiple advanced martial arts, military and security backgrounds.

**Ages: 8+  Instructor: Michael Theriaut (The Braveway LLC)**

**Activity#  Date  Day  Time  M/NM**

<table>
<thead>
<tr>
<th>Activity#</th>
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FOCUS ON STABILITY: BALANCE TRAINING

More than one-third of adults aged 65 and older injure themselves by falling each year. Those who fall once are two to three times more likely to fall again. But balance is a learned skill, and falls can be actively prevented. This class will teach you what exercises work best to maintain stability by strengthening your body’s natural fall prevention systems. What is the number one reason for falls? Come join Chris to find out!

**Ages: 18+  Instructor: Chris Treiber**

**Activity#  Date  Day  Time         M/NM**

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
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<td>$60/$72</td>
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SURVIVE STRONG! CANCER RELATED FATIGUE PROGRAM

This program is designed for individuals diagnosed with any stage of cancer who are experiencing fatigue or weakness, or are unsure how to initiate exercise. It is for anyone currently undergoing chemotherapy or radiation therapy, or who has completed cancer treatment within the past year.

Through multiple research studies, evidence shows that low to moderate exercise in oncology patients can reduce and even prevent cancer-related fatigue, reduce side effects of chemotherapy and radiation, improve quality of life and possibly even improve survival rates. Initial evaluation with an oncology/lymphedema physical therapist to assess your past and current medical history and make specific, individualized recommendations to you for exercise is required. Sessions will include cardio, strength, and flexibility exercises.

**This program is led by personal trainer Chris Treiber, ACE certified Cancer Exercise Specialist. To participate or for more information, please contact Chris at 847-207-8027.**

EVER WISH YOU COULD USE A GYMNASIUM TO PARTICIPATE IN BASKETBALL WITH ALL YOUR OWN FRIENDS? WELL THIS IS POSSIBLE AT WINNETKA COMMUNITY HOUSE! OUR GYMNASIUM IS AVAILABLE FOR RENTAL ON A WEEKLY OR ONE-TIME BASIS.

**CALL 847-446-0537 FOR RATES AND TIMES.**
Drop-in Pickleball

Wednesdays
WCH Gymnasium
$5/Person

Wednesday, April 11–June 6 8:30–10:30 AM
Wednesday, June 13–August 29 5:00–7:00 PM

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two, three, or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, similar to a wiffle ball, over a net. The sport shares features of other racquet sports, the dimensions and layout of a badminton court, and a net and rules similar to tennis, with a few modifications. Pickleball was invented in the mid-1960s as a children’s backyard pastime but has become popular among adults as well.
Performing Arts

GUITAR LESSONS
This class is for beginner to advanced guitarists of all ages. Students of this course have learned lead guitar, rhythm guitar, singing while playing, songwriting, improvising, how to figure out songs by ear and much more! Students of this course have learned styles ranging from pop, to rock, blues, folk, classical, bossa nova, flamenco, and beyond. Let an experienced and versatile instructor guide you to reaching your musical goals. Trial lessons can be arranged upon request. Contact us today! Please bring your own guitar. All ages are welcome. Lessons are 30 minutes long. Students will be contacted by the instructor to arrange a lesson time.

Ages: 7+  Instructor: Brandon Seyferth
Activity# Date Day Time M/NM
12796 3/21–6/6 W 3:30–9:00 PM $340/$410
No class: 3/28, 5/9

GUITAR INTENSIVE LESSONS
Go from zero to sixty with your playing in one week. One hour a day, five days a week. Practice and learn with an instructor who has over a decade of experience teaching guitar. Options available for all skill levels. Just speak to the instructor for advice about how this program can work for you or your child. Get playing fast. Reserve today. Must provide own guitar.

Ages: 4–17  Instructor: Brandon Seyferth
Activity# Date Day Time M/NM
13041 6/11–6/15 M Tu W Th F 3:30–8:30 PM $272/$328
13042 6/18–6/22 M Tu W Th F 3:30–8:30 PM $272/$328

ADULT GUITAR LESSONS
Gain or hone a skill this summer with feedback that you just can’t get online. An instructor who has been teaching guitar for more than a decade will guide you. Flexible options available to fit your schedule, just speak to the instructor for advice. All skill levels welcome. Begin today. Students will be contacted by the instructor to arrange a lesson time. Must provide own guitar.

Ages: 18+  Instructor: Brandon Seyferth
Activity# Date Day Time M/NM
13040 6/13–7/25 W 1:00–3:30 PM $272/$328
No class: 7/4

PIANO LESSONS
Learn how to play piano in a fun and creative way! Our unique approach is structured entirely around the student’s needs. Regardless of age or skill level, we educate our students with a strong musical foundation, learning the theory behind piano as well as the fundamentals. All ages are welcome. Lessons are 30 minutes long. Students will be contacted by the instructor to arrange a time.

Ages: 4+  Instructor: Top Note Music Academy
Activity# Date Day Time M/NM
12801 3/19–4/16 M 3:00–8:00 PM $185/$215
12804 3/21–4/18 W 3:00–8:00 PM $185/$215
12802 4/23–6/4 M 3:00–8:00 PM $185/$215
12805 4/25–5/30 W 3:00–8:00 PM $185/$215
12984 6/10–7/15 Su 3:00–8:00 PM $185/$215
12985 6/11–7/16 M 3:00–8:00 PM $185/$215
12986 6/13–7/18 W 3:00–8:00 PM $185/$215
12987 6/14–7/19 Th 3:00–8:00 PM $185/$215
12988 7/22–8/26 Su 3:00–8:00 PM $185/$215
12989 7/23–8/27 M 3:00–8:00 PM $185/$215
12990 7/25–8/29 W 3:00–8:00 PM $185/$215
12991 7/26–8/30 Th 3:00–8:00 PM $185/$215
No class: 5/7, 5/9, 5/28, 7/4

BRANDON SEYFERTH
Brandon Seyferth has been teaching guitar in Glencoe and Chicago for more than seven years. With a focus on results-based instruction, Brandon is a fun, dynamic, versatile and experienced teacher. He has performed, composed, and recorded with such notables as Jackson Browne, Victor DeLorenzo (Violent Femmes), Pat MacDonald (Timbuk3), Clyde Stubblefield (James Brown and the most sampled drummer in hip hop), and Jay Bennet (Wilco).

TOP NOTE MUSIC ACADEMY
Our philosophy has always been to teach music to children on a multi-instrumental level, allowing our students to thrive musically on various instruments while building their confidence. Our talented, college-graduate teachers creatively inspire all students to choose the instrument(s) they would really like to learn. Our goal is to educate our community of children and adults with the gift of music.
Performing Arts

PRIVATE VOICE LESSONS
Learn how to sing in a fun and creative way! Our unique approach is structured entirely around the student’s needs. Regardless of age or skill level, we educate our students with a strong musical foundation, learning the theory behind their voice as well as the fundamentals. Our philosophy has always been to teach music to children on a multi instrumental level, allowing our students to thrive musically on various instruments while building their confidence. Our talented, college-graduate teachers creatively inspire all students to choose the instrument(s) they would really like to learn. Our goal is to educate our community of children and adults with the gift of music. Lessons are 30 minutes long. Students will be contacted by the instructor to arrange a time.

<table>
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<tr>
<th>Ages: 4+</th>
<th>Instructor: Top Note Music Academy</th>
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<tr>
<td>13062</td>
<td>6/13–7/18</td>
</tr>
</tbody>
</table>

No class: 7/4

ROCK-STAR
Let your child become a Rock Star! Each week, your child will learn about different rock/pop instruments such as guitar (acoustic and electric), electric bass, keyboards, violin, drums and percussion as well as voice (using a microphone). Our fun hands-on approach will give your child a strong musical foundation, learning the theory behind music as well as the fundamentals. Our philosophy is to teach music on a multi-instrumental level, allowing our students to thrive musically on various instruments while building their confidence. Our talented college-graduate teachers creatively inspire all students to choose the instruments they would really like to learn.

<table>
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<td>12993</td>
<td>7/24–8/28</td>
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</table>

No class: 3/27, 5/8

CTW SPOTLIGHT: A LIFE IN THE THEATRE
New!
Expert master classes and panels will be offered periodically by Children’s Theatre of Winnetka to provide students an insider glimpse of the professional performing arts world. At our inaugural event, top industry professionals from the Chicago area will share their stories, insights and advice with 6th–12th grade theatre enthusiasts and touch on essential onstage, offstage and backstage skills, from acting, choreography and directing to set, lighting, costume and sound design. Moderators will be CTW directors Cathy Hirschmann and Stephen Schellhardt.

<table>
<thead>
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We’re proud to support
WINNETKA COMMUNITY HOUSE

Being Winnetka’s community bank means more than just offering solid banking solutions. It means doing our part to give back to the local charities and social organizations that unite and strengthen our neighborhoods. We’re particularly proud to support Winnetka Community House and its dedication to providing educational, cultural, social and recreational opportunities for people of all ages. It’s just one way we bring it home.

North Shore Community Bank
576 Lincoln Ave. | Winnetka, IL 60093
847-441-2263 | www.nscbank.com

North Shore Community Bank is a branch of Wintrust Bank.
CREATIVE PAWS - DOG OBEDIENCE PUPPY CLASS

Puppy Class is designed to provide a positive environment for socialization of puppies to a variety of people as well as dogs. Early socialization has been shown to greatly reduce the incidence of both human and dog directed aggression, as well as anxiety and fear based behavior problems. Other topics discussed include house training, mouthing, leadership, sitting and recall. This class is appropriate for puppies ages 2–4 months old. Dogs must have received at least two rounds of vaccinations prior to attending. If not, please plan to attend class without your dog until all vaccinations are administered.

No retractable leashes allowed

Ages: 14+  Instructor: Ashlee Trotter

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
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</table>

No class 5/8, 7/3

CREATIVE PAWS - DOG OBEDIENCE 101

Obedience 101 teaches the basics of obedience including sit, down, stand, recall (coming when called), stay and heel - everything your companion dog needs to know! Both verbal commands and hand signals will be used. Dogs of any age may take this class. Positive reinforcement techniques will be used, so please bring food rewards or a small toy with you to class.

No retractable leashes allowed.

Ages: 14+  Instructor: Ashlee Trotter

<table>
<thead>
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<th>Activity#</th>
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<td>Tu</td>
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No class 5/8, 7/3

CREATIVE PAWS - DOG OBEDIENCE 102

Obedience 102 is focused on honing the skills of Obedience 101. Additional levels of difficulty and distractions will be added. Dogs of any age may enroll provided they have a basic knowledge of basic obedience commands: sit, down, recall (coming when called) stay and heel. Children training dogs must be at least 14 years old.

No retractable leashes allowed.

Ages: 14+  Instructor: Ashlee Trotter

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
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CREATIVE PAWS - DOG OBEDIENCE RALLY

Rally is a fun spin on traditional obedience for both the dog and the handler. Rally is a sport in which all dogs are encouraged to participate. Purebred or mixed breed, every dog can learn the fundamentals for Rally. Dogs must have strong heeling skills to take this course. In rally an enthusiastic attitude and wagging tail are as important as precision. In fact, handlers are not only allowed to, but encouraged to positively reinforce their dogs during the competition with verbal praise, petting and even food rewards! Dogs and handlers should both appear to be enjoying the work and each other’s company.

No retractable leashes allowed.

Ages: 14+  Instructor: Ashlee Trotter

<table>
<thead>
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<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
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<td>Tu</td>
<td>8:00–8:50 PM</td>
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YOUR DOG'S GURU - DOG OBEDIENCE PUPPY CLASS

For dogs 8 weeks to 6 months. Learn how to help transition your dog from being a sweet puppy to the faithful dog you’ve always wanted. This class will teach you the reasoning behind a puppy’s thought process as well as the prevention of and response to unwanted behavior. You will learn the techniques of using body language to communicate to your puppy what is acceptable and what is not. Other essential puppy how-tos will be provided such as basic grooming, simple commands and vet visits. Teaching your puppy should not be time-consuming or painful. This class will teach you the best ways to train your dog while still living your life. Beginning the socialization process during puppyhood ensures that your dog will more likely grow to be well adjusted and highly adaptable to other dogs, people and situations.

Ages: 14+  Instructor: Michael Jayko

<table>
<thead>
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<th>Day</th>
<th>Time</th>
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<td>W</td>
<td>10:30–11:30 AM</td>
<td>$144/$174</td>
</tr>
</tbody>
</table>

No class: 5/9, 7/4

YOUR DOG'S GURU - DOG OBEDIENCE ADULT CLASS

For dogs of all ages. You may have heard the expression, “You can’t teach an old dog new tricks.” There is always hope of teaching your dog new tricks, it just requires forming some new habits. Learn the basic commands of sit, down, heel and come. Solve some of the common issues or problems that you have with your dog. This class will teach you how to effectively train your dog while maintaining your lifestyle. If you begin to think like your dog and understand the proper communication, your dog will eventually become an extension of you.

Ages: 14+  Instructor: Michael Jayko

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>12840</td>
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<td>W</td>
<td>11:45 AM–12:45 PM</td>
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</tr>
<tr>
<td>13029</td>
<td>6/6–7/18</td>
<td>W</td>
<td>11:45 AM–12:45 PM</td>
<td>$144/$174</td>
</tr>
</tbody>
</table>

No class: 5/9, 7/4

YOUR DOG'S GURU - DOG OBEDIENCE BEGINNER AGILITY

For dogs of all ages that are well-behaved off-leash. This class is mainly for fun and exercise with your dog. Mellow out your high-energy dog on walks with the extra workout techniques you will learn. Agility training can also help more insecure dogs build confidence through learning how to overcome things that might seem “scary” (i.e. obstacles, jumps, etc.). Not only is this class a great form of physical activity, it also builds trust between you and your dog as you are there to assure them through obstacles. Almost everything taught in the agility class can be easily translated to your daily walks.

Ages: 14+  Instructor: Michael Jayko

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>12982</td>
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<td>13031</td>
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<td>10:30–11:30 AM</td>
<td>$144/$174</td>
</tr>
</tbody>
</table>

No class: 5/7, 7/2

YOUR DOG'S GURU - DOG OBEDIENCE ADVANCED AGILITY

For dogs of all ages that are well-behaved off-leash. This class is mainly for fun and exercise with your dog. Dogs must have either taken Beginner Agility class or prove to be proficient on all of the agility equipment.

Ages: 14+  Instructor: Michael Jayko

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>12627</td>
<td>4/2–5/14</td>
<td>M</td>
<td>11:45 AM–12:45 PM</td>
<td>$144/$174</td>
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<td>M</td>
<td>11:45 AM–12:45 PM</td>
<td>$144/$174</td>
</tr>
</tbody>
</table>

No class: 5/7, 7/2

CREATIVE PAWS - DOG OBEDIENCE RALLY

Rally is a fun spin on traditional obedience for both the dog and the handler. Rally is a sport in which all dogs are encouraged to participate. Purebred or mixed breed, every dog can learn the fundamentals for Rally. Dogs must have strong heeling skills to take this course. In rally an enthusiastic attitude and wagging tail are as important as precision. In fact, handlers are not only allowed to, but encouraged to positively reinforce their dogs during the competition with verbal praise, petting and even food rewards! Dogs and handlers should both appear to be enjoying the work and each other’s company.

No retractable leashes allowed.

Ages: 14+  Instructor: Ashlee Trotter

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
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<tbody>
<tr>
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<td>6/5–7/17</td>
<td>Tu</td>
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</table>

WINNETKA COMMUNITY HOUSE, 620 LINCOLN AVE.
Dog Obedience

BIG SKY DOG TRAINING - DOG OBEDIENCE INTERMEDIATE
Your pup has learned the basic skills. It’s time to up the ante! This class is geared toward strengthening the basic level obedience commands your dog has already learned. We will work on having greater control at farther distances, with more distractions and for increased time (come, sit, stay, down and recalls). In addition, we will begin to work on off-leash heeling exercises. Dog training hand signals and voice commands will be used throughout the class along with the five basic rewards of touch, voice, loose leash, play and treats. Come join the fun! Please bring a 6’ leash and soft treats. No retractable leashes allowed.

Ages: 15+  Instructor: Montana Hayes
Activity#  Date  Day  Time  M/NM
12625  4/12–5/24  Th  10:30–11:30 AM  $144/$174
12902  6/7–7/19  Th  10:30–11:30 AM  $144/$174
12904  7/26–8/30  Th  10:30–11:30 AM  $144/$174
No class: 5/10, 7/5

BIG SKY DOG TRAINING - SOLVING BEHAVIOR PROBLEMS
Have you been dealing with some bad dog behaviors lately? Is your dog causing you a lot of frustration and heartache? Some problem behaviors get to the point where they are almost impossible for the average owner to handle: jumping, barking, digging, pulling on the leash, biting or nipping, chewing on household items, having accidents in the house, inappropriate interactions with other dogs, and fearfulness. If you think your dog may need the kind of help you are not able to give him, come join this class where we will find a solution for each problem. Please bring a 6′ leash and soft treats. No retractable leashes allowed.

Ages: 15+  Instructor: Montana Hayes
Activity#  Date  Day  Time  M/NM
12627  4/12–5/24  Th  11:45 AM–12:45 PM  $144/$174
12903  6/7–7/19  Th  11:45 AM–12:45 PM  $144/$174
12905  7/26–8/30  Th  11:45 AM–12:45 PM  $144/$174
No class: 5/10, 7/5

CREATIVE PAWS
Creative Paws, Inc. was founded in 2001 by Ashlee Trotter, BS, CPDT-KA, and provides group classes and private lessons for dog obedience training and behavior problems. Ashlee holds a Bachelor of Science degree in Zoology from Michigan State University. Prior to pursuing her dog training interests she honed her skills of positive reinforcement training while working with zoo animals at facilities in the Midwest. She has been recognized for several years as a Canine Good Citizen Evaluator by the American Kennel Club, as well as a Certified Pet Dog Trainer (CPDT-KA) by the Certification Council for Pet Dog Trainers.

MICHAEL “THE DOG GURU” JAYKO
With 25 years of dog training experience, Michael has witnessed and worked with almost every aspect in the field of dog behavior including competition obedience, agility, tracking, scent discrimination, police dogs, behavior modification, diabetic alert dogs and guide dog training. With a Bachelor’s Degree in the Applied Behavioral Sciences, Michael combines human and dog psyches to create a successful bond between the dog and its handler.

MONTANA C. HAYES – BIG SKY DOG TRAINING
Montana has over 25 years as a certified obedience and foundation dog trainer utilizing reward based leadership skills and specializing in dog behavior, puppy development stages, and genetics. She started her professional training career in 1980 in Washington State as a horse and dog trainer. Over the years, she has been asked to evaluate and work with dogs at shelters, animal control agencies, and for clients of veterinarians. Exposure to a wide variety of canine breeds and temperaments has greatly contributed to her success as a trainer.

Montana is continually updating and expanding her knowledge by working with other trainers, attending seminars and studying the latest theories and methodologies. From new sources, she selects what she believes are positive methods for instruction and adds them to her training repertoire. She uses five basic rewards: touch, voice, loose leash, treats and play. An emphasis is placed on foundation training, basic to advanced work and creating a well-balanced companion and/or sport dog.

Currently she is a professional member of IACP, APDT, AKC, ASPCA and The Pet Professionals Guild. She is also certified to teach and a certified tester for AKA in S.T.A.R., CGC, and CGCA.
Participants are carefully initiated into this class which focuses on alertness of mind, self-control and mental strategies to meet life challenges. Traditional Karate is a martial art which emphasizes the principles and applications of weaponless self-defense through the use of total body dynamics and mental discipline. Students will constantly strive for technical excellence and enhancement of one's character. Uniforms, belt tests and tournaments are optional and available at additional costs.

Belt ranking system: There are 11 belt levels (kyu) before first-degree black belt (shodan). A new student is assigned the white belt rank (eleventh kyu). Students must fulfill certain requirements under normal practice conditions and in a test environment to secure progressive promotions up to and including the black belt (dan) levels. When a student has acquired a strong foundation in the fundamentals of Karate, he or she can be promoted to the rank of first-degree black belt.

**INTRODUCTION TO KARATE**
This class will introduce students with little or no Karate experience to the traditional Japanese martial art of Karate.

**Ages: 4–5**
Instructor: Frank Chrzanowski and Ron Stein

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
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</thead>
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**Ages: 6–7**

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<th>Day</th>
<th>Time</th>
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<td>$155/$186</td>
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**Ages: 8–9**

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>12565</td>
<td>4/12–6/14</td>
<td>Th</td>
<td>5:15–6:05 PM</td>
<td>$155/$186</td>
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</table>

**Ages: 10–13**

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>12576</td>
<td>4/12–6/14</td>
<td>Th</td>
<td>6:15–7:15 PM</td>
<td>$155/$186</td>
</tr>
</tbody>
</table>

**PEE WEE KARATE**
Students learn how to control their energy levels and concentration through study of fundamental Karate principles. Participants will learn how to follow instructions and exercise self-control in a fun and exciting environment.

**Ages: 4–6**
Instructor: Frank Chrzanowski and Ron Stein

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
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<td>3:40–4:10 PM</td>
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</table>

**KARATE I**
This class is for the beginner student through Orange belt.

**Ages: 5–8**
Instructor: Frank Chrzanowski and Ron Stein

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<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/12–6/14</td>
<td>Tu, Th</td>
<td>4:15–5:00 PM</td>
<td></td>
</tr>
<tr>
<td>9:30–10:15 AM</td>
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</table>

**KARATE II**
Students must have the belt rank of Yellow belt through Green belt to participate in this class.

**Ages: 5–9**
Instructor: Frank Chrzanowski and Ron Stein

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<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
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</thead>
<tbody>
<tr>
<td>4/12–6/14</td>
<td>Tu, Th</td>
<td>5:15–6:05 PM</td>
<td></td>
</tr>
<tr>
<td>10:20–11:20 AM</td>
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</tbody>
</table>

**KARATE III**
Class curriculum enables the beginner student through advance to develop an effective form of self-defense. This class will allow one to acquire the self-control and physical readiness to meet many of life’s challenges. This class is for the beginner through Brown belt.

**Ages: 9–13**
Instructor: Frank Chrzanowski

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/12–6/14</td>
<td>Tu, Th</td>
<td>6:15–7:15 PM</td>
<td></td>
</tr>
<tr>
<td>10:20–11:20 AM</td>
<td></td>
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</tbody>
</table>

**KARATE IV**
This class is for the beginner through Black belt.

**Ages: 13+**
Instructor: Frank Chrzanowski

<table>
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<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>4/12–6/14</td>
<td>Tu, Th</td>
<td>7:00–8:20 PM</td>
<td></td>
</tr>
<tr>
<td>10:20–11:20 AM</td>
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</tbody>
</table>

Students may enroll in the second half of the current Winter/Spring 2018 Session (April 12–June 21). Please contact Jeff Wahl, Program Manager for details and pricing.

**FRANK CHRZANOWSKI**
Frank, chief instructor, developed the Traditional Karate Program for the Winnetka Community House in 1989. He has trained in Karate since 1975 and has attained the rank of fourth degree black belt in the Japan Karate Association. He has been featured in articles in the Chicago Tribune, the Sun Times and the Pioneer Press and has appeared on local and national television.

**RON STEIN**
Ron has taught karate around the world including Japan, where he lived for many years. He has been a local, regional and national karate champion and has appeared in the press, on radio and television locally, nationally and internationally.
Martial Arts

Taekwondo

Taekwondo is a 2000 year old martial art offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self-esteem, achieve lifelong physical fitness and learn self-defense skills. Classes are taught under the direction of G. Master Ki Hong Kim (Ninth Dan Kukkiwon World Taekwondo Headquarters). A $45 uniform fee is required at the first class. Belt testing is offered through the KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gear.

LITTLE DRAGONS

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination and respect for the discipline of martial arts training.

Beginner–Yellow Belt

<table>
<thead>
<tr>
<th>Ages: 4–5</th>
<th>Instructor: Oriental Arts Training Center Staff</th>
</tr>
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<tbody>
<tr>
<td>Activity#</td>
<td>Date</td>
</tr>
<tr>
<td>12518</td>
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</tr>
<tr>
<td>12896</td>
<td>6/13–8/29</td>
</tr>
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</table>

Orange Belt and Up

| Activity# | Date | Day | Time | M/NM          |
| 12520     | 4/4–6/6 | W | 4:40–5:20 PM | $126/$144   |

No class: 5/9, 7/4

PARENT/CHILD TAEKWONDO

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics and traditional Taekwondo techniques including punching, kicking and blocking. Fee includes instruction for one parent and one child.

All Belts

<table>
<thead>
<tr>
<th>Ages: 7+</th>
<th>Instructor: Oriental Arts Training Center Staff</th>
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<tbody>
<tr>
<td>Activity#</td>
<td>Date</td>
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<tr>
<td>12561</td>
<td>4/4–6/6</td>
</tr>
<tr>
<td>12900</td>
<td>6/13–8/29</td>
</tr>
</tbody>
</table>

No class: 5/9, 7/4

EARLY TAEKWONDO

Designed especially for younger children, this program helps kids develop conditioning, coordination, listening skill and self-confidence through creative activities.

<table>
<thead>
<tr>
<th>Ages: 6–7</th>
<th>Instructor: Oriental Arts Training Center Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity#</td>
<td>Date</td>
</tr>
<tr>
<td>12875</td>
<td>4/4–6/6</td>
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</tbody>
</table>

Purple Belt and up

| Activity# | Date | Day | Time | M/NM          |
| 12558     | 4/4–6/6 | W | 6:05–6:50 PM | $126/$144   |

All Belts

| Activity# | Date | Day | Time | M/NM          |
| 12898     | 6/13–8/29 | W | 5:20–6:05 PM | $154/$176   |

No class: 5/9, 7/4

YOUTH TAEKWONDO

This program includes a balanced cardiovascular workout including punching, kicking and blocking skills. Participants will improve coordination, power of concentration, balance and both physical and mental discipline.

<table>
<thead>
<tr>
<th>Ages: 8–13</th>
<th>Instructor: Oriental Arts Training Center Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity#</td>
<td>Date</td>
</tr>
<tr>
<td>12560</td>
<td>4/4–6/6</td>
</tr>
</tbody>
</table>

Purple Belt and up

| Activity# | Date | Day | Time | M/NM          |
| 12559     | 4/4–6/6 | W | 7:35–8:25 PM | $126/$144   |

All Belts

| Activity# | Date | Day | Time | M/NM          |
| 12899     | 6/13–8/29 | W | 6:05–6:50 PM | $154/$176   |

No class: 5/9, 7/4

ADULT TAEKWONDO

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances and the skills of punching, kicking and blocking.

All Belts

<table>
<thead>
<tr>
<th>Ages: 14+</th>
<th>Instructor: Oriental Arts Training Center Staff</th>
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<tbody>
<tr>
<td>Activity#</td>
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</tr>
<tr>
<td>12901</td>
<td>6/13–8/29</td>
</tr>
</tbody>
</table>

No class: 5/9, 7/4

TAI CHI

Cheryl Kotsias has been involved in physical fitness since the 1970’s. She has studied the art at several schools in the Chicagoland area including the Chinese Cultural Center in Evanston. Kotsias is a Certified Level II Tai instructor, certified by the American Tai Chi and QiGong Association. She also brings with her the teachings of several masters of Tai Chi and looks forward to helping you achieve better health through Tai Chi. Tai Chi is an ancient Chinese tradition that today is practiced as a graceful form of exercise. It involves a series of movements performed in a slow, focused manner and accompanied by deep breathing. Tai Chi helps reduce stress and anxiety as well as increasing flexibility and balance. Through Cheryl’s unique holistic teachings, of many different styles including QiGong and Yang, you will learn this noncompetitive exercise’s postures.

<table>
<thead>
<tr>
<th>Ages: 14+</th>
<th>Instructor: Cheryl Kotsias</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity#</td>
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<tr>
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<tr>
<td>12911</td>
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No class: 5/3, 5/10, 7/5
**Sports and Fitness**

**TINY TUMBLER SPORTS**
This class introduces children to the basic fundamentals of sports. Participants will work on elements such as balance, kicking, throwing and catching. Adult assistance and participation is required.

**Ages: 1–3**  
**Instructor:** Hot Shots Sports Staff

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
<tr>
<td>12727</td>
<td>4/12–6/7</td>
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<tr>
<td>12729</td>
<td>4/14–6/9</td>
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<td>9:00–9:45 AM</td>
<td>$154/$182</td>
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</table>

No class: 5/3, 5/5, 5/10, 5/26

**ADULT-TOT SPORTS**
Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skills activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parent participation is required.

**Ages: 2–4**  
**Instructor:** Hot Shots Sports Staff

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
</tr>
</thead>
<tbody>
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<td>12699</td>
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<td>9:45–10:30 AM</td>
<td>$154/$182</td>
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No class: 5/3, 5/5, 5/10, 5/26

**CLAY THEN PLAY**
Interested in sports and ceramics but can’t make up your mind about what to do? Try both! Spend 45 minutes in our ceramics studio working on creative projects that have sports intertwined. This is a great opportunity to develop both large and small motor skills in a fun environment. Next, students visit the gymnasium for 45 minutes of recreational games such as soccer, basketball, kickball and more. Through teamwork and sportsmanship we offer a nurturing atmosphere for learning the fundamentals of a variety of sports. Classes begin in the Ceramics Studio (LL1) and end in the Gymnasium.

**Ages: 3–6**  
**Instructor:** Hot Shots Sports Staff, Marissa Neuman

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
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<tbody>
<tr>
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<td>4/13–6/8</td>
<td>F</td>
<td>2:30–4:00 PM</td>
<td>$217/$261</td>
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</table>

No class: 5/4

**PLAY THEN CLAY**
Interested in sports and ceramics but can’t make up your mind about what to do? Try both! Spend 45 minutes in our gymnasium playing recreational games such as soccer, basketball, kickball and more. Through teamwork and sportsmanship we offer a nurturing atmosphere for learning the fundamentals of a variety of sports. Next, students visit the ceramics studio for 45 minutes working on creative projects that have sports intertwined. This is a great opportunity to develop both large and small motor skills in a fun environment. Classes begin in the Gymnasium and end in the Ceramics Studio (LL1).

**Ages: 3–6**  
**Instructor:** Hot Shots Sports Staff, Marissa Neuman

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
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<tbody>
<tr>
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No class: 5/4

**PICKLEBALL**
This class is designed to teach players the fundamentals to pickleball. Players learn the rules, parts of the court, grips, strokes and strategy. Each class is designed to promote good sportsmanship and teamwork. Parents are encouraged to join in on the fun and play alongside their little ones!

**Ages: 3–5**  
**Instructor:** Hot Shots Sports Staff

<table>
<thead>
<tr>
<th>Activity#</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>M/NM</th>
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<tbody>
<tr>
<td>12666</td>
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<td>11:15 AM–12:00 PM</td>
<td>$154/$182</td>
</tr>
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</table>

No class: 5/3, 5/5

**LUNCH & PLAY**
New extended time! Children are introduced to a variety of sports including soccer, t-ball, basketball, football, kickball and other sports and group games. The goal is to provide the opportunity for each child to develop motor skills and nurture his or her growth socially through teamwork and good sportsmanship. Kids should bring a lunch and come and play. Winnetka Community Nursery School pick-up available!

**Ages: 3–5**  
**Instructor:** Hot Shots Sports Staff

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<thead>
<tr>
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<th>Date</th>
<th>Day</th>
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</table>

No class: 5/4, 5/7, 5/28

**SPORTS AND MORE**
Learn the basic skills of America’s most popular sports: football, soccer, basketball, baseball, hockey and more. Players will learn how to work together and be good teammates, as well as learn discipline and build self esteem.

**Ages: 3–5**  
**Instructor:** Hot Shots Sports Staff

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</table>

No class: 5/4, 5/5, 5/8, 5/9, 5/26

**SPORTS SCHOOL: FULL DAY OF PLAY**
Designed to socialize children to a full day of Kindergarten, the Sports School Full Day of Play program provides for pick up from Winnetka Community Nursery school next door, so there’s no need to pick up! Using our Innovative Sports School curriculum, players will learn about traditional sports as well as sports history. Players will review health, fitness and have time for a snack. Each week at least two to three sports will be reviewed.

**Ages: 3–4**  
**Instructor:** Hot Shots Sports Staff

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No class: 5/3, 5/8, 5/9, 5/10
Sports and Fitness

HOT SHOTS SPORTS PRE-K TOTAL SPORT ENRICHMENT
In this program, kids will participate in multiple sports while getting the opportunity to acclimate to full day Kindergarten. Players will develop skills and fundamentals while experiencing game play in an instructional and exciting setting. Enrichment can also serve as an extension to the Hot Shots Sports Lunch and Play Classes on Monday or Friday! Pick up from the neighboring Nursery school is available for those participating in Nursery School Enrichment programs as well. Not part of a school program? No problem! The Enrichment program follows our innovative and fun Total Sports lesson plans so feel free to sign up and get ready to play!

Ages: 3–4 Instructor: Hot Shots Sports Staff

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No class: 5/7, 5/8, 5/9, 5/28

HOT SHOTS: KINDERGARTEN TOTAL SPORT ENRICHMENT
A step up from our Pre-K Enrichment program, kids will participate in multiple sports while getting the opportunity to receive the afterschool sports experience. Players will develop skills and fundamentals while experiencing game play in an instructional and exciting setting, while improving upon existing skills and fundamentals. Not part of the Full Day Kindergarten school program? No problem! The Enrichment program follows our innovative and fun Total Sports lesson plans so feel free to sign up and get ready to play!

Ages: 4–6 Instructor: Hot Shots Sports Staff

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No class: 5/3, 5/7, 5/8, 5/9, 5/10, 5/28

TRIPLE PLAY
This class features three sports: soccer, floor hockey and basketball. Participants develop skills associated with each sport and have opportunities to use these skills in game situations. Emphasis is placed on skill development, teamwork and sportsmanship.

Ages: 6–8 Instructor: Hot Shots Sports Staff

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No class: 5/4

GRIDIRON TOTS FOOTBALL: ROOKIES
This introductory course teaches kids the love of football. With the aid of specially designed equipment tailored to enhance the early football experience, players improve listening skills, balance and coordination through fun filled skills activities and games. Good sportsmanship and teamwork are stressed while learning proper fundamentals of throwing, running routes and defensive strategy. Parent participation required.

Ages: 1–3 Instructor: Hot Shots Sports Staff

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No class: 5/7, 5/28

GRIDIRON TOTS FOOTBALL: PROS
Players improve athletic ability and increase football knowledge in this fun filled skills clinic. Teamwork and sportsmanship are stressed while playing various games that teach the fundamentals of throwing, running routes and defense. All children will have a blast, regardless of their prior skill level.

Ages: 3–5 Instructor: Hot Shots Sports Staff

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No class: 5/7, 5/28

Gym Drop-In - Tot Time
Are you looking for a place to meet new friends and have your toddler exercise and run-off their energy? Tot Time is the place to do it. We have a bouncy house, hoops, balls, scooters and much more for your child to use. Participants must wear gym shoes. No food allowed. Parents must remain with children.

Wednesdays, April 4–June 6
11:15 a.m.–12:45 p.m.
Ages: Infant–5
$5 first child
$1 each additional child
Closed May 9
HOT SHOTS SPORTS INTRO TO GYMNASTICS
This introductory course will expose participants to the basics of gymnastics, working on balance and how to control their core and form. Participants will learn on how to properly invert themselves and do so in a safe a controlled manner, while also working on basic technique. The will be no specific focus on any one aspect of gymnastics, but a broad study of what it takes to be a gymnast.

**Ages: 4–6**  
**Instructor:** Hot Shots Sports Staff

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<th>Activity#</th>
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</table>

No class: 5/5, 26

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HOT SHOTS SPORTS GYMNASTICS 101
This intermediate class will work great for both beginners and those with a solid foundation of gymnastics form and technique. Participants will focus on developing control and balance while learning more advanced concepts on how to control the body during handstands, hand springs, and cartwheels. Kids will be exposed to a general knowledge of all the different events involved in gymnastics, and how each event requires a different skill set.

**Ages: 7–9**  
**Instructor:** Hot Shots Sports Staff

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</table>

No class: 5/5, 5/9, 5/26

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HOT SHOTS SPORTS: STRIKER TOT SOCCER
Striker Tots Soccer is for young players who are looking for the perfect early soccer experience. Our specially designed curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, and make soccer fun.

**Ages: 2–3**  
**Instructor:** Hot Shots Sports Staff

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<th>Activity#</th>
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<th>Day</th>
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No class: 5/8

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SPEED AND AGILITY CLINIC
Compare athletes of today to those 20 years ago and you’ll notice not only are today’s athletes bigger and stronger, but they are also faster and quicker. In this clinic, athletes from any sport will acquire a quicker step and more agile feet. Clinics will begin with dynamic stretching which increases mobility, balance and flexibility. Then, athletes will go through a variety of drills and challenges to enhance their conditioning, footwork, flexibility, coordination and agility.

**Ages: 8–13**  
**Instructor:** Hot Shots Sports Staff

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<td>Sa</td>
<td>12:00–1:00 PM</td>
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</tr>
</tbody>
</table>

No class: 5/5, 26

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SWEEPERS
Sweepers is the next step in the development for your young soccer player. The focus of the Sweepers classes is fundamentals that are crucial for every budding soccer player. Players focus on foot placement while shooting, following through on their shot, manipulating the ball in creative ways, defensive stance and much more; all while participating in our fun games and adventure themed activities.

**Ages: 4–5**  
**Instructor:** Hot Shots Sports Staff

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<th>Activity#</th>
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No class: 5/3, 5/4, 5/10

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TRAPPERS
Trappers introduces the fun and excitement of the world’s most popular sport, soccer. This class uses age appropriate games and drills to promote motor skills and familiarity with a soccer ball. Through our fun games and adventure themed activities, players develop skills such as balance, shooting, close ball control and trapping. The Trappers experience is one that not only instills a love for the game of soccer, but also shows the importance of sports activity to promote a full and healthy life.

**Ages: 2–3**  
**Instructor:** Hot Shots Sports Staff

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No class: 5/3, 5/10

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LIL’ DRIBBLERS: PARENT & CHILD JUNIOR DRIBBLERS
The Junior Dribblers basketball program is designed to give children an opportunity to begin their basketball playing experience in a fun and supportive environment. During the class, activities are introduced to promote proper balance, equipment, hand/eye coordination, following directions and early basketball fundamentals. Parent participation is required.

**Ages: 2–3**  
**Instructor:** Hot Shots Sports Staff

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No class: 5/5, 5/8

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LIL’ DRIBBLERS: ROOKIE DRIBBLERS
The Rookie Dribblers program is designed to progress children through their early basketball experience. Simple skills acquired in the Junior Dribblers are reinforced and other aspects of the game are introduced in a fun and supportive environment.

**Ages: 3–4**  
**Instructor:** Hot Shots Sports Staff

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<td>Tu</td>
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<td>$176/$208</td>
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No class: 5/8

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LIL’ DRIBBLERS: PROS
The Pros Basketball program builds on the skills and rules learned in the Rookiees program. More fundamental techniques are developed and basic rules are introduced.

**Ages: 5–6**  
**Instructor:** Hot Shots Sports Staff

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<th>Day</th>
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No class: 5/5, 5/10

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LIL’ DRIBBLERS: PARENT & CHILD JUNIOR DRIBBLERS
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**Ages: 2–3**  
**Instructor:** Hot Shots Sports Staff

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No class: 5/5, 5/8

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LIL’ DRIBBLERS: ROOKIE DRIBBLERS
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**Ages: 3–4**  
**Instructor:** Hot Shots Sports Staff

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LIL’ DRIBBLERS: PROS
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**Ages: 5–6**  
**Instructor:** Hot Shots Sports Staff

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</table>

No class: 5/5, 5/10

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SPEED AND AGILITY CLINIC
Compare athletes of today to those 20 years ago and you’ll notice not only are today’s athletes bigger and stronger, but they are also faster and quicker. In this clinic, athletes from any sport will acquire a quicker step and more agile feet. Clinics will begin with dynamic stretching which increases mobility, balance and flexibility. Then, athletes will go through a variety of drills and challenges to enhance their conditioning, footwork, flexibility, coordination and agility.

**Ages: 8–13**  
**Instructor:** Hot Shots Sports Staff

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<td>Sa</td>
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No class: 5/5, 26
SPORTS AND FITNESS

HOOPS4HEALTH LITTLE BALLERS
Get ready for this exciting opportunity to get your kids feet wet and help develop their love of the game of basketball from an early age. Learn the fundamentals of the sport through dribbling and ball handling helping develop basic motor skills and hand-eye coordination. Nurture your child’s love of basketball, fitness and play with this exciting program!

Ages: 4–6  Instructor: Hoops4Health
Activity# Date Day Time M/NM
12588 4/6–6/8  F 1:00–1:45 PM $207/$250
No class: 5/4

HOOPS4HEALTH LITTLE BALLERS CLINIC
Our basketball clinic will help the beginner and advanced basketball player. Each week will cater to a different fundamental basketball skill. These skills include shooting, dribbling, passing, rebounding, and defense. We will also teach proper teamwork and sportsmanship which is vital to becoming a strong basketball player. Our professional staff has worked with kids of all ages and skill levels. We take great pride in personal attention and hands on teaching. There will be many fun games and prizes throughout the clinic. We will also develop how to play in 5 on 5 games while using proper spacing and teamwork. We will also teach the rules of the game. Our goal is that each player comes out with a better understanding of how to play basketball and develop the fundamental basketball skills necessary to excel at the game.

Grades: Kindergarten–1st  Instructor: Hoops4Health
Activity# Date Day Time M/NM
12507 4/3–6/5  Tu 4:00–5:00 PM $225/$270
12508 4/5–6/7  Th 4:00–5:00 PM $200/$240
No class: 5/3, 5/8, 5/10

HOOPS4HEALTH LITTLE BALLERS CLINIC PACKAGE
Registering for this package will enroll you in both Tuesday and Thursday classes.

Activity# Date Day Time M/NM
12582 4/3–6/7  Tu Th 4:00–5:00 PM $340/$410
No class: 5/3, 5/8, 5/10

FENCING
The Olympic sport of fencing demands a blend of tactical and strategic thought and a physical execution of those decisions. This has led many to describe the sport as “physical chess.” Fencing also teaches balance and discipline and even more than this, it’s fun! This class is for those new to fencing or those who would like to work on the basic skills. This class will cover basic rules, etiquette, basic footwork, attacks and defenses. Classes will consist of warm up time, footwork time, group lessons and bouting. All equipment is provided.

Grades: 7+  Instructor: Midwest Fencing Academy Staff
Activity# Date W D Time M/NM
12563 4/18–6/6  5:00–6:00 PM $240/$288
12906 6/13–7/18  5:00–6:00 PM $200/$240
12907 7/25–8/29  5:00–6:00 PM $240/$288
No class: 5/2, 5/9, 7/4
**PILATES**
The Pilates Method is a classic method of physical and mental conditioning created over 80 years ago by legendary physical trainer Joseph Pilates. Through exercises that focus on the application of six principles: control, centering, concentration, precision, breath and flow, we teach you about the mechanics of movement, allowing you to develop and maintain a healthy and graceful body.

<table>
<thead>
<tr>
<th>Ages: 14+</th>
<th>Instructor: Nicole Betts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity#</td>
<td>Date</td>
</tr>
<tr>
<td>13027</td>
<td>6/11–8/15</td>
</tr>
<tr>
<td>No class:</td>
<td>7/4</td>
</tr>
</tbody>
</table>

**PILATES: BEGINNER**

<table>
<thead>
<tr>
<th>Ages: 14+</th>
<th>Instructor: Nicole Betts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity#</td>
<td>Date</td>
</tr>
<tr>
<td>12524</td>
<td>4/2–6/6</td>
</tr>
<tr>
<td>No class:</td>
<td>5/7, 9, 28</td>
</tr>
</tbody>
</table>

**PILATES: CONTINUING**

<table>
<thead>
<tr>
<th>Ages: 14+</th>
<th>Instructor: Nicole Betts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity#</td>
<td>Date</td>
</tr>
<tr>
<td>12526</td>
<td>4/2–6/6</td>
</tr>
<tr>
<td>No class:</td>
<td>5/7, 9, 28</td>
</tr>
</tbody>
</table>

**FOCUS ON STABILITY: BALANCE TRAINING**

More than one-third of adults aged 65 and older injure themselves by falling each year. Those who fall once are two to three times more likely to fall again. But balance is a learned skill, and falls can be actively prevented. This class will teach you what exercises work best to maintain stability by strengthening your body’s natural fall prevention systems. What is the number one reason for falls? Come join Chris to find out!

<table>
<thead>
<tr>
<th>Ages: 18+</th>
<th>Instructor: Chris Treiber</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity#</td>
<td>Date</td>
</tr>
<tr>
<td>13012</td>
<td>4/9–4/30</td>
</tr>
<tr>
<td>13013</td>
<td>6/4–6/25</td>
</tr>
</tbody>
</table>
Winnetka Community House Fitness Centre offers the highest quality of fitness programs on the North Shore. Our facility features exercise equipment to meet all of your fitness needs. Adjacent to the gymnasium, this air conditioned facility is complete with locker, shower and steam rooms for men and women. Our professional staff, in conjunction with our full-service facility, will help you achieve your optimal level of fitness.

### Amenities
- Concept II Rowing Machines
- Cybex Arc Trainers
- Free Weight Equipment
- Gymnasium
- Helix Lateral Trainers
- LifeCycles
- LifeFitness Cross-Trainrs
- LifeFitness Strength Training Equipment
- Locker Rooms with Steam Rooms
- Precor EFX Elliptical Trainers/AMTs
- Spinning Bikes
- StairMasters/StepMills
- Treadmills

### New Steam Rooms!
The Fitness Centre steam rooms recently got a makeover! New tile, new doors, new steam heads and an AromaSteam system creating the perfect in-steam aromatherapy experience. Sitting in a steam room for five minutes may improve circulation, reduce stress, clear congestion, promote skin health and aid in workout recovery. Come in and enjoy for yourself!

### Personal Training
Serious athletes have long used personal trainers to enhance their performance in competition. Celebrities hire personal trainers to keep them stay in shape. But the people who benefit most from personal training are ordinary men and women seeking to be stronger and function more effectively in their everyday lives.

Working with a trainer, anyone can achieve their fitness goals—goals as modest as touching your toes again or as ambitious as preparing to run a marathon. Whether you want to lose weight, regain flexibility, develop speed or simply feel good again, personal training is an activity that you will continue to reap benefits in years to come.

Our personal trainers’ main objectives are to assist, guide and educate those who wish to experience a greater ease and physical ability in their lives.

Registration is by appointment only.
- $70/hour for Fitness Centre members
- $85/hour for non-members.

### HOURS OF OPERATION
- Monday-Friday  5:00 AM–9:00 PM
- Saturday–Sunday  7:00 AM–6:00 PM
- (847) 446-1994
Jr. Fitness Centre Membership
Prerequisite: Completion of the Jr. Fitness Training Class. Upon successful completion of the Jr. Fitness Training Class, those ages 12-13 will be permitted to purchase a Membership (Youth Rates Apply).

Jr. Fitness Training Class
Those ages 12-13 may become Community House Fitness Centre members by completing a personalized training program with a personal trainer. The training program is a one hour session that will cover all aspects of membership including gym etiquette, proper warm up, strength training, cardiovascular conditioning, flexibility and cool down. Once registered, you will be contacted by a Community House personal trainer to schedule your session.

» Ages 12-13
» $70 (Register in the Fitness Centre)

Body Composition Analysis
A computerized body composition analysis will indicate your percentage of body fat, lean body mass and the amount of water contained in your body. The test also includes caloric intake and exercise recommendations. Registration by appointment only.

» $10 (Fitness Centre member)
» $15 (Non-member)

Tot Time
Are you looking for a place to meet new friends and have your toddler exercise and run-off their energy? Tot Time is the place to do it. We have a bouncy house, hoops, balls, scooters and much more for your child to use. Participants must wear gym shoes. Parents must remain with children.

» January 10–June 6
» Wednesdays
» 10:45 AM–12:15 PM
» Ages: Infant–5
» $5 first child
» $1 each additional child

» Closed March 28, April 4, and May 9

Open Gym
Enjoy a pick-up game of basketball with your friends, meet new people and have fun. Our backboards and rims are adjustable from eight to ten feet so all ages and skill levels are welcome. Locker rooms and showers are available. Times are subject to change. Check the posted schedule, or call for times and directions.

» Daily Fee: $5 (Free with Fitness Centre membership)
» April 8–September 2
» Sunday 10:30 AM–1:00 PM
» Closed May 6

Free To Be Kids Childcare
A safe and comfortable environment for children while you attend the facility or classes at Winnetka Community House.

Fitness Centre Members Only
Ages . . . . . . . . . 8 weeks and older Time Limit . . . . . 90 minutes per visit Fee . . . . . . . . . . . . . $8/child per visit
Punch cards available: $120/20 visits. Monday–Saturday 8:00 AM–12:00 PM

Fitness Centre Membership Fees

<table>
<thead>
<tr>
<th>Membership</th>
<th>12 Months (Best value)</th>
<th>6 Months</th>
<th>1 Month</th>
<th>1 Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single Adult</td>
<td>$675</td>
<td>$395</td>
<td>$80</td>
<td>$15</td>
</tr>
<tr>
<td>+ Family Member</td>
<td>$575</td>
<td>N/A</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Senior (65+)</td>
<td>$520</td>
<td>$295</td>
<td>$80</td>
<td>$15</td>
</tr>
<tr>
<td>Youth (14–17)</td>
<td>$520</td>
<td>$295</td>
<td>$80</td>
<td>$15</td>
</tr>
</tbody>
</table>

Fees are subject to change.
**GROUP EXERCISE**

Don't make exercise a chore. Spice it up! Group Fitness offers a variety of formats to keep you motivated and feeling healthy! Our Group Fitness programs offer a wide variety of structured fitness activities to meet your personal goals. Our instructors are prepared to inspire and motivate you to change and/or continue healthy fitness-related behaviors. Class descriptions listed may be offered at different times throughout the year. Class times differ throughout the year. Check the group fitness schedule for availability, changes, and current sessions.

All Group X plans are open to both members and non-members ages 14 years and older. Member rates apply to annual memberships only. Walk-in's are always welcome.

- Plans expire one year from date of purchase.
- Plans may not be transferred or shared. No refunds.
- Purchase your Plan at the WCH Fitness Centre Desk.


**GROUP X CLASS DESCRIPTIONS**

- **Intervals**
  This is a high energy total body workout which alternates cardio with strength and core work all set to fun upbeat music. Keep your muscles guessing by using a variety of equipment and mixing up the cardio moves each week. Get stronger, burn fat, build lean muscle mass and improve your level of fitness. Modifications will be given. All levels welcome.

- **Pilates**
  Core and stability training with enhanced breathing techniques.

- **Pilates Stretch**
  Half pilates core class, half ballet barre stretching.

- **Pilates Core Plus**
  Core and stability training with enhanced breathing techniques including circuit training.

- **Arms/Shoulder Express**
  Fast paced 30 minute class using mat and ball work.

- **Strength**
  Exercises using weights, tubing, fitness balls and floor work.

- **WERQ**
  Dance fitness set to R&B and Hip Hop music.

- **Core & Strength**
  Focus is on strengthening the entire body through core exercises.

- **Vinyasa Yoga**
  Flow through yoga poses, all skill levels welcome.

- **ABSolute Sculpt**
  Half abs, half body sculpt, low impact.

- **Total Body Conditioning**
  Muscular strength and endurance exercises that increase muscular endurance.

- **Cardio Pump**
  45 minutes of cardio, 20 minutes of strength, 10 minutes of stretching.

- **Cardio Core**
  Burn. Sweat. Boost. Cardio core is a unique class designed to keep one’s metabolism high during a high-intensity class that will allow participants to burn calories, sweat (a lot) and engage one’s core continually as the fat and calories fall off. We use compound weight moves and resistance work alternating with specific core exercises through a 60 minutes class. Shoes are optional. A water bottle is not.

- **Cardio Interval with Strength**
  Cardio Intervals is a high energy blend of kicks and punches set to upbeat music. This class tones the upper body through punches and sculpt the legs and glutes with knee strikes and kicks while engaging the core abdominal area during the entire class. Suitable for all skill levels – modifications to change the intensity offered throughout the class. We alternate no-impact kickboxing with Tabata intervals with hand weights for a full-body workout.


**Group Exercise Fee**

<table>
<thead>
<tr>
<th>Punchcards</th>
<th>Fitness Centre Members*</th>
<th>Non-Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unlimited</td>
<td>$600</td>
<td>$1200</td>
</tr>
<tr>
<td>30 Classes</td>
<td>$195</td>
<td>$390</td>
</tr>
<tr>
<td>20 Classes</td>
<td>$150</td>
<td>$300</td>
</tr>
<tr>
<td>10 Classes</td>
<td>$90</td>
<td>$180</td>
</tr>
<tr>
<td>Walk-in</td>
<td>$10</td>
<td>$20</td>
</tr>
</tbody>
</table>

*Annual Members Only
Free to be Kids

COME PLAY AT OUR HOUSE!

Fully equipped with toys, games, books, and more, this “House” has become a child’s favorite. Moms also enjoy the spacious, bright, and comfortable atmosphere where relationships are formed and memories made.

“THE PERFECT LOCATION FOR PLAY DATES!!!”

Room available 7 days/week from 1:00-8:00pm.

Please call (847) 881-9319 for more information and availability.

Winnetka Community House
620 Lincoln Avenue, Winnetka
www.winnetkacomunityhouse.org
Tenant Organizations

JUNIOR LEAGUE OF EVANSTON—NORTH SHORE
(847) 441-0995  jle-ns@sbcglobal.net
www.jle-ns.org

The Junior League of Evanston-North Shore, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers.

Each year, League members commit thousands of volunteer hours to improving our community. In particular, the focus of our organization is on Advancing Employment and Supporting Families for those in need across Chicago’s North Suburbs. Founded in 1924 as the Junior League of Evanston, JLE-NS now has approximately 350 Active and Sustaining members. We reach out to all women regardless of age, race, religion, ethnic or national origin who demonstrate an interest in and commitment to voluntarism.

The many important community projects that we support are made possible through fundraising events like our Designer Kitchens of the North Shore Kitchen Tour and Trivia Night, and our award-winning cookbook “It’s A Shore Thing”. In addition, for the past 75 years we have operated our Thrift House, a resale shop located at 920 Chicago Avenue in Evanston.

NORTH SHORE ART LEAGUE
Where Arts, Learning and Community Come Together!
(847) 446-2870
www.northshoreartleague.org  info@northshoreartleague.org

Founded in 1924, the North Shore Art League is a non-profit arts organization offering art classes for adults and children. As the only art center located in Winnetka, the NSAL not only offers art education, but also lectures, workshops, field trips, gallery shows and special art events to the entire North Shore community. A summer juried art fair, Art in the Village, takes place in Hubbard Woods Park - right in the middle of the Hubbard Woods Design District and along bustling Green Bay Road in June.

Located for over 90 years on the second floor of the Community House, classes are held in an historic, professional art studio featuring skylights and a large stone fireplace as well as a well-equipped print room facility. Classes in drawing, painting (oil, acrylic, and watercolor), pastels, etching, printmaking, figure study, encaustic and more are taught by a distinguished faculty—offering a unique, creative experience.

League members may exhibit at the annual Members’ Show and throughout the year in NSAL gallery space within the Community House. Membership benefits also include generous discounts at various art supply stores in the area and an eblast/brochure subscription.

North Shore Art League
Summer Art Camp 2018

For children ages 5-11
Join in the fun of creativity!

Weekly sessions $185
from 6/11 thru 8/17

Morning Art Discovery Camp
9:00 - 11:00am ages 5-7

Afternoon Adventure Camp
1:00 - 3:00pm ages 8-11

Register for 1 week, 2 weeks or all 9 weeks.
New projects each week – no repeats!
Sign up online at:

For more information:  northshoreartleague.org  or call 847-446-2870
Tenant Organizations

WINNETKA COMMUNITY NURSERY SCHOOL
(847) 446-4432
A nationally accredited preschool for children ages 2-4, offering indoor and outdoor activities in a stimulating environment in which physical, social, intellectual and emotional growth is encouraged. Learning materials encourage creativity, promote cognitive growth and develop manipulative skills. WCNS also offers enrichment opportunities during the school year for children ages 3 and 4 and summer camp for children ages 2 (must turn 2 by March 1 of the current year) to 5 years old. For more information about WCNS, please visit our web site at www.winnetkacommunitynurseryschool.org.

WINNETKA YOUTH ORGANIZATION
(847)446-0443
INFO@winnetkayo.org winnetkayo.org
The Winnetka Youth Organization, commonly known as "the YO", is a nonprofit teen drop-in center located in the basement of the Winnetka Community House. We have been around since 1969, and serve as the only youth organization of its kind in Winnetka. Each year, the YO provides services to upwards of 1000 teens from this community. This includes recreational activities, music events, social service, diversity and education projects, and participation on the Youth Leadership Board.

The mission of the Winnetka Youth Organization is to foster individual development in junior high and high school youth in the North Shore by providing adult-to-youth mentoring, prevention services, and opportunities for leadership, citizenship, and, education within a safe, informal environment. Check out our website for more information or follow us on social media to stay informed on upcoming programs.

THE WINNETKA CLUB
www.thewinnetkaclub.com 847-446-1830
Since our early beginnings in 1908, The Winnetka Club has been an integral part of the civic and philanthropic life of the North Shore Community. The services and support provided by the Club have changed with the demands of the times, and we continue our tradition of “giving back” as we celebrate our 110th anniversary in 2018.

During World War I, service projects in support of civilian efforts were the focus. During the years of World War II and beyond, members have been instrumental in ensuring home delivery of mail and providing other needed services – as well as organizing the PTA and League of Women Voters in Winnetka.

Each May, we host our annual Housewalk, featuring amazing homes around the NorthShore; proceeds from the Housewalk support our annual scholarships to graduating seniors who live in New Trier Township. The Club also supports many other philanthropic endeavors throughout the North Shore and Chicago community.

We welcome new members as we look to grow and expand our reach. We host a monthly Book Club and offer many other social and cultural events for our membership, including monthly Friendraiser dinners in local restaurants, engaging lectures and activities, and other membership events to enrich and empower.

Civic Organizations

LIFE SOURCE-BLOOD DRIVE
Karen Murphy - (877) 543-3768 Kmurphy@itxm.org
Each day, patients rely on the generosity of blood donors for life-threatening traumas, treatments, and illnesses.

The need is constant. Blood donors are a valued and significant life-line providing hope to those in need. Without volunteer donors LifeSource, Chicagoland’s blood center, would be unable to fulfill its life supporting mission and provide blood products to thousands of patients each year.

To schedule your appointment, log on to www.lifesource.org. Select Donate Blood and Make an appointment; Login and search by group code: WN98.

Remember to: have breakfast or lunch prior to donating blood, drink plenty of water, and bring identification with you.

Appointments Recommended; Walk-ins Welcome.

THE ALLIANCE FOR EARLY CHILDHOOD
(847) 441-9001 www.TheAllianceForEC.org
The Alliance promotes the healthy growth and development of children from birth to age 8 through resources and services for parents and early childhood professionals including Early Childhood, a biannual newsletter; professional development and networking; parenting classes and speakers; and promotion of child-initiated free play.

WINNETKA-NORTHFIELD ROTARY CLUB
(847) 446-0537 www.rotary6440.org/clubs/winnetka
One of 31,000 clubs around the world, with 1.2 million members. Rotary meets every Thursday, 12:15-1:30 p.m. for lunch and a program. Membership is composed of Winnetka and Northfield based business and professional leaders. Provides local and international service projects.

WINNETKA VILLAGE CAUCUS
www.winnetkacaucus.org caucus@winnetkacaucus.org
P.O. Box 311, Winnetka, 60093-0311
The Village Caucus is a non-partisan political forum, which acts on current issues, develops village policies and selects candidates for various village boards. Participation encouraged.
Associate Organizations

BACKGAMMON
Contact: Bill Chignik, (847) 291-6768  winnbackgammon@aol.com
Wednesdays, 7-10:30 p.m.
Backgammon enthusiasts are invited to compete in weekly tournaments. Prizes are awarded to the winners. Cost: $10.

CHRISTIE’S INTEGRATIVE FITNESS CLASSES
(847) 441-5484  http://christiesfitness.webs.com
Touted by Harper’s Bazaar as “One of the most, if not the most comprehensive workouts in the city,” Christie’s classes integrate a variety of disciplines woven into one class! Low impact cardio (to warm-up) followed by weights, resistance bands, Pilates, functional training and yoga all provide tip-toe deep muscle sculpting, ending in quiet relaxation. Christie is certified by The American Council of Sports Medicine.
Classes meet every Monday and Wednesday at 8:30 am for an 8 week session. Questions? Call Christie directly at: (847) 441-5484

FALUN GONG/QUIGONG BODY/ MIND EXERCISES
Contact: Warren Tai (312) 607-1688
Sundays, 8-10 a.m.
Falun Gong, also called Falun Dafa, is a powerful body and mind exercise system. It contains five sets of exercises that work on the energy circulation of the body. The movements are smooth and graciously flowing, and can be learned easily by any age group. The mind exercise is applying Zhen (truthfulness), Shan (compassion) and Ren (Forbearance) into daily life. This releases the stress and tension of physical and mental energy fields, making people more healthy and peaceful. Every Sunday; no charge for participation.

FRIENDS OF BILL W.
AA support group.
Saturdays, 5-6:15 p.m. • Sundays, 10-11:30 a.m.

NURTURING WISDOM
Contact: Jenna Brightwell
Nurturing Wisdom offers regular practice tests for the ACT, SAT, ISEE, SSAT, HSPT and other exams. This is a great opportunity for students to practice in a real testing environment and gain valuable feedback before test day. Afterward, we’ll send you a detailed score analysis of your child’s strengths and areas for improvement, and a recommended tutoring plan to help your child maximize their score.
Our in-home, one-on-one test prep tutoring has helped thousands of students increase their scores and get into their top-choice schools:
Our ACT students improve by an average of 5 points
Our SAT students improve by an average of 300 points
98% of the students we prepared for the HSPT last year were accepted into their top-choice high schools
Call us today at 312-260-7945 Ext. 128 so we can put together a customized plan for your child!

OFF CAMPUS WRITERS’ WORKSHOP
ocww.info@gmail.com
Authors, publishers, and editors lecture and critique manuscripts for reasonable fees, in an interactive workshop setting. Fiction, non-fiction, children’s literature, memoir, poetry and playwriting are just some of the genres covered. Professional, aspiring and beginning writers are welcome.
Yearly Membership - $30
Weekly Session Fee: Members - $10 Guests/Non-Members - $15

SCOTTISH COUNTRY DANCING
Beginners are welcome. Winnetka Community House, 620 Lincoln Ave. For any questions contact Frances Gillan at 947-471-7294.

SULLIVAN SCHOOL OF IRISH DANCE
773-952-4007  info@sullivanirishdancers.com  www.sullivanirishdancers.com
The Sullivan School of Irish Dance offers lessons for all ages, beginners through championship. Irish dance combines movements similar to both ballet and tap dancing and stresses grace, rhythm and self-discipline. Students learn both individual and group dancing with an emphasis on self-confidence, teamwork and fun. Classes available Wednesday’s, please call or email for more information.

WOMEN’S EXCHANGE
Contact: Deb Guy
DEB@WOMENS-EXCHANGE.ORG  www.womens-exchange.org
Women’s exchange is a place where women from 24 Chicagoland communities come together to learn, share and grow in a wide variety of programs and classes. Program guide available at womens-exchange.org.

We are proud to announce that Winnetka Community House will be the headquarters for the Village of Winnetka Music Festival, coming June 15–16! Mark your calendars!
Religious Organizations

CONGREGATION HAKAFA
(847) 242-0687
www.Hakafa.org
Congregation Hakafa is a dynamic Reform congregation on Chicago’s North Shore. Hakafa is a circle of caring people, families and friends who wish to worship, study, and to help one another and the world in which we live. Services held Fridays, year-round; visitors welcome. Religious School and Hebrew School classes are held at the Glencoe Park District’s Takiff Center and High Holidays Services are held at the Winnetka Congregational Church.

LAKE SHORE UNITARIAN SOCIETY
(847) 807-5787 www.LakeShoreUnitarian.org
For over 50 years, we have brought people of diverse beliefs together in a community of shared values. Our weekly services are not led by clergy. Instead, we invite highly regarded speakers to present on a wide range of topics that provide inspiration and deeper appreciation for the world in which we live. We focus on values and wisdom drawn from many sources, not dogma. As a Unitarian Universalist congregation, we affirm and promote UU’s seven Principles, such as “we accept one another and encourage each individual’s spiritual growth”. Music is another source of spiritual inspiration in our weekly services. And our Religious Explorations program provides children and teens spiritual and cultural literacy. Sunday service and Religious Explorations class at 10:30 a.m., September through May. Visitors are always welcome.

WINNETKA COMMUNITY HOUSE APPRECIATES THE GENEROSITY OF

Carol and Jim Hansen, The Challenger Family and Morgan Stanley

PROUD SPONSORS OF WINNETKA COMMUNITY HOUSE PROGRAMS AND EVENTS
Winnetka Community House is committed to conducting its recreation programs and activities in the safest manner possible, and holds the safety of the participants in the highest possible regard. Participants and parents registering their child in recreation programs must recognize, however, that there is an inherent risk of injury when choosing to participate in recreation activities. Winnetka Community House continually strives to reduce such risks, and insists that all participants follow safety rules and instructions which have been designed to protect the participants' safety. Please recognize that Winnetka Community House does not carry medical accident insurance for injuries sustained in its programs. The cost of such would make program fees prohibitive. Therefore, each person registering himself/herself or a family member for a recreation program/activity should review his/her own health insurance policy for coverage. It must be noted that the absence of health insurance coverage does not make Winnetka Community House automatically responsible for payment of medical expenses. Due to the difficulty and high cost of obtaining liability insurance, the agency providing liability coverage for Winnetka Community House requires the execution of the following Waiver and Release. Your cooperation is greatly appreciated. Please read this form carefully, and be aware in participating in the program(s) listed on this page, you will be waiving and releasing all claims for injuries you might sustain arising out of the activities of this program.

WAIVER AND RELEASE OF ALL CLAIMS
As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of any injuries, including death, damages or loss, regardless of severity, which I may sustain as a result of participating in any and all activities connected with or associated with such program. I agree to waive and relinquish all claims I may have as a result of participating in the program against Winnetka Community House and its officers, agents, servants and employees. I do hereby fully release and discharge Winnetka Community House and its officers, agents, servants and employees from any and all claims from injuries, including death, damages or loss which I may have or which may accrue to me on account of my participation. I further agree to indemnify and hold harmless and defend Winnetka Community House and its officials, agents, servants and employees from any and all claims from injuries, including death, damages or losses sustained by me or arising out of, connected with, or in any way associated with the activities of the program. In the event of emergency, I authorize Winnetka Community House officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my immediate care, and agree that I will be responsible for payment of any and all medical services required. All participants agree that any photography taken while participating in a class, special event or use of a facility may be used for promotional purposes Winnetka Community House. Participants agree to receive emails from Winnetka Community House.

REFUND AND PRORATE INFORMATION
Full refunds will be issued for courses that are cancelled by Winnetka Community House due to insufficient registration. A refund, less a 10% service charge (not to exceed $25), may be granted if the refund request is received five full working days prior to the start of the program. No refunds will be allowed after this time unless a medical condition develops and a written explanation from a physician on his/her letterhead is presented. Due to advanced reservation requirements, no refunds for trips, outings, or special events will be given. Classes may be prorated if you would like to enroll in a class after it has started, provided the instructor has space, and allows for late registration. The supervisor must approve the prorated amount.

Please list any specific medical allergies, medications, chronic illness or other conditions which staff should be aware of:

○ Winnetka Community House operates in compliance with the Americans with Disabilities Act. If you believe you or your child need accommodations to facilitate participation in Winnetka Community House program(s) for which you are registering, please check box.

I have read and fully understand the aforementioned Program Details, Waiver and Release of All Claims and Permission to Secure Treatment.

SIGNATURE: DATE:

Registration form will not be processed without waiver signature.

CASH VISA MASTERCARD
CHECK DISCOVER AMERICAN EXPRESS

CARD NUMBER EXP. DATE
CVC SIGNATURE

Download this form at winnetkacommunityhouse.org
Winnetka Community House has upgraded our registration system! Please assist us by filling out this form when registering so your entire household will be included for future registrations.

### PRIMARY GUARDIAN
- **First Name:**
- **Last Name:**
- **Date of Birth:**
- **M/F:**
- **Address:**
- **City:**
- **State:**
- **Zipcode:**
- **Primary Phone:**
- **Alternate Phone:**
- **Cell Phone:**
- **Provider (to receive text updates):**
- **Email:**

### SECONDARY GUARDIAN
- **First Name:**
- **Last Name:**
- **Date of Birth:**
- **M/F:**
- **Address:**
- **City:**
- **State:**
- **Zipcode:**
- **Primary Phone:**
- **Alternate Phone:**
- **Cell Phone:**
- **Provider (to receive text updates):**
- **Email:**

### ADDITIONAL FAMILY MEMBERS
- **First Name:**
- **Last Name:**
- **Date of Birth:**
- **M/F:**

- **First Name:**
- **Last Name:**
- **Date of Birth:**
- **M/F:**

- **First Name:**
- **Last Name:**
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Winnetka Community House has been playing host to some of the most beautiful events on the North Shore for more than a century. Our newly renovated Garden Rooms overlook the beautiful Arches Garden, providing a timeless setting for a romantic wedding. From the bright blooms of spring to the deep colors of autumn, the Arches Garden is the perfect spot for your perfect day.

[winnetkacomunityhouse.org/weddings]
847-965-4094
620 Lincoln Ave., Winnetka II.

The Arches Garden
AND THE NEWLY RENOVATED GARDEN ROOM
AT WINNETKA COMMUNITY HOUSE
CHECK OUT OUR PROGRAMS FOR

ACTIVE ADULTS!

Pilates  Guitar lessons
Tai Chi  Ceramics
Self Defense  Adult Ballet
Focus on Stability  and more!

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